Quincy College
Community Resource Guide
Dear Student,

In an effort to better support and care for you, Quincy College has created this Community Resource Guide. This guide provides contact information of organizations within the community that are committed to supporting you as a Quincy College student.

The purpose of this guide is to help you identify and secure resources that will contribute to your academic success and social well-being throughout your time at Quincy College and beyond. This guide has been created by a team of committed Quincy College staff who aim to build community partnerships based on identified students' needs.

We look forward to helping you connect to and utilize these resources in an effort to promote holistic development, academic success, and improved social well-being.

Sincerely,

Dr. Richard DeCristofaro, Ed.D.
President, Quincy College
QUINCY COLLEGE

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# QUINCY COLLEGE COMMUNITY RESOURCE GUIDE

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QUINCYCOLLEGE.EDU
ASPIRE HEALTH ALLIANCE
Behavioral health services.
Intake: 617-847-1914
Crisis Line: 617-774-6036
460 Quincy Avenue, Quincy, MA
aspirehealthalliance.org

INTERFAITH SOCIAL SERVICES -
NEW DIRECTIONS COUNSELING CENTER
Counseling and support services to individuals and families.
617-773-6203
105 Adams Street, Quincy, MA 02169
interfaithsocialservices.org

MASS BAY COUNSELING
Provides psychological counseling and psychotherapy services.
617-786-0137
234 Copeland Street, Suite 320, Quincy, MA 02169
massbaycounselingquincy.com

ADTCARE
Addiction treatment services.
866-578-1043
1419 Hancock Street, Suite 301, Quincy, MA 02169
adcare.com

MARIA DROSTE SERVICES
Outpatient mental health therapy and holistic therapy services.
617-471-5686, info@mariadrostecounseling.com
1354 Hancock Street, Suite 209, Quincy, MA
mariadrosteservices.org

HIGH POINT TREATMENT CENTER
Addiction and detox services.
Laurie Holmes, Nurse Manager
508-224-7701, lholmes@hptc.org
1233 State Road, Plymouth, MA 02360
hptc.org

NORTHEAST ADDICTIONS
TREATMENT CENTER
Addiction treatment center.
855-265-2159
36 Miller Stile Road, Quincy, MA 02169
neaddictions.com

NORTHEAST HEALTH SERVICES & DUXBURY COUNSELING
Provides comprehensive outpatient mental health services.
508-830-1444
39A Industrial Park Drive, Plymouth, MA 02360
northeasthealthservices.com

PSYCHOLOGY ASSOCIATES
508-747-2718, info@psych-associate.com
323 Court Street, Plymouth, MA 02360
psych-associate.com
**QUINCY COMMUNITY ACTION PROGRAMS INC. – HEAD START**

An early care and education program that services low to moderate income families with children ages 15 months to 5 years old.

617-249-2000, qcaphs@qcap.org
22 Pray Street, Quincy, MA 02169
qcap.org

**QUINCY COMMUNITY ACTION PROGRAMS INC. – BRAINTREE FAMILY NETWORK**

Provides parenting workshops, playgroups, family events, and special children entertainers.

617-657-5369 or 617-657-5311
jrodeck@qcap.org, mjoseph@qcap.org
1509 Hancock Street, Quincy, MA 02169
qcap.org

**QUINCY COMMUNITY ACTION PROGRAMS, INC.**

Community care for children.

Lisa Davidson, 617-657-5305
1509 Hancock Street, 3rd Floor, Quincy, MA 02169
qcap.org

**NAMI—NATIONAL ALLIANCE ON MENTAL HEALTH**

This program provides guidance, support and advocacy throughout the Plymouth area on behalf of individuals and families affected by mental illness.

Kathleen Considine, Counselor
508-209-1124, kathleenconsidine535@gmail.com

**BOSTON CHINATOWN NEIGHBORHOOD CENTER**

Offering family support services and referrals. Languages spoken: English, Cantonese and Mandarin.

617-770-0091
1458 Hancock Street, 3rd Floor, Quincy, MA 02169
bcnc.net

**MASSACHUSETTS CHILD CARE RESOURCE & REFERRAL**

Provides resources and referrals to meet childcare needs.

Kim Dion, Child Care Resources
508-796-1833, kdion@sevenhills.org
machildcareresourcesonline.org

**PLYMOUTH KINDERCARE**

Kelly Hogan, Center Director
508-830-0817
24 Pilgrim Hill Road, Plymouth, MA 02360

**QUINCY FAMILY RESOURCE CENTER**

Provides services to help families access and navigate resources in the local community.

617-481-7227
1120 Hancock Street, 1st Floor. South Entrance (off Johnson Avenue), Quincy, MA 02169
quincyfamilyrc.org

**BAY STATE COMMUNITY SERVICES, INC**

Mental health services.

508-830-3440, info@baystatecs.org
36 Cordage Park Circle, Plymouth, MA 02360
617-471-8400
1120 Hancock Street, Quincy, MA 02169
baystatecs.org
HARBORONE BANK
This program offers a wide range of classes, webinars and events tailored to help people and business owners better understand and manage their finances and their futures.
Sarah Duprez
617-226-3715, sduprez@harborone.com
One Chestnut Place, Suite 1, Quincy, MA 02169
harborone.com

FINANCIAL REACH CENTER
Helps residents increase their income, build savings, and develop assets.
Theresa Whittaker
617-657-5355, twittaker@qcap.org
1509 Hancock Street, 2nd Floor. Quincy, MA 02169

EASTERN BANK
Offering services in financial literacy through Money Smart Program to help develop good money management skills and understanding financial services.
Ivelisse Gonzalez, Vice President
781-598-8511 or 508-746-3300
108 Main Street, Kingston, MA 02364
easternbank.com

QUINCY CREDIT UNION
Offering services in financial literacy.
Kellie Gillis, Financial Literacy Specialist/Business Development Representative
617-479-5558, gillisk@qcu.org
100 Quincy Ave, Quincy, MA 02169
qcu.org

MEMBERS PLUS CREDIT UNION
Offering assistance with financial literacy through community programs and personalized assistance.
Colin Scott, Branch Manager
508-503-6129, cscott@memberspluscu.org
53 Commerce Way, Plymouth, MA 02360
memberspluscu.org

MASSHIRE CAREER CENTER
The career placement center provides services for job seekers through job listings, workshop training, job placement and veteran’s services.
Cathy Folan, Director
617-745-4000, cfolan@masshiresouthshorecc.com
1515 Hancock Street, Quincy, MA 02169
617-376-5170
36 Cordage Park Circle, Suite 214 B, Plymouth, MA 02360
masshiresouthshorecc.com

TRAINING RESOURCES OF AMERICA
Job training and education program.
617-773-1470
1515 Hancock St #205, Quincy, MA 02169
tra-inc.org
**FOOD RESOURCES**

**QUINCY COMMUNITY ACTION PROGRAMS INC. (QCAP)**
Households can get monthly food orders containing fresh, frozen and non-perishable food, holiday food orders, diapers, formula, and toiletries.
617-471-0796, malexander@qcap.org
1 Copeland Street, Quincy, MA 02169
qcap.org

**SOUTH SHORE YMCA- GERMANTOWN NEIGHBORHOOD CENTER**
Food pantry for family-only for resident of Quincy.
617-376-1384, sbouchard@ssymca.org
366 Palmer Street, Quincy, MA 02169-5911
ssymca.org

**INTERFAITH SOCIAL SERVICES**
Food pantry.
617-773-6203, info@interfaithsocialservices.org
105 Adams Street, Quincy, MA 02169
interfaithsocialservices.org/food/#foodassistance

**SALVATION ARMY**
Provides emergency financial and housing assistance, along with food pantry.
Captain Kyle Maynor
617-472-2345, Kyle.Maynor@use.salvationarmy.org
6 Baxter Street, Quincy, MA 02169
SalvationArmyMA.org/Quincy

**MAYFLOWER COMMUNITY OUTREACH NONPROFIT THRIFT SHOP AND FOOD PANTRY**
A resource where those in need are able to obtain food and clothing for all members of the household in meet the income criteria.
774-707-5353
182 Standish Ave, Plymouth, MA 02360

**FOOD DISTRIBUTION CENTER/FOOD PANTRY PARTNERS**
Accessible and convenient, community-based programs to assist neighbors in need. These partners assist in fighting to address food insecurity and nutritional risk.
508-746-4959, Christ Church
149 Court Street, Plymouth, MA 02360

**QUINCY WIC PROGRAM**
Provides nutrition, health education, healthy food and other services free of charge to pregnant and breastfeeding women and kids under age 5.
617-376-8701, askwicquincy@bamsi.org
121 Whitwell Street, Quincy, MA 02169
88 Holmes Street, Quincy, MA 02171
wic.bamsi.org

**QUINCY DTA OFFICE**
Food stamp and walk-in help.
617-249-8200
1515 Hancock Street, Suite 105, Quincy, MA 02169
mass.gov
HEALTH CONTACTS

QUINCY HEALTH DEPARTMENT
617-376-1272
440 East Squantum Street, Quincy, MA 02171

PLYMOUTH PUBLIC HEALTH DEPARTMENT
508-747-1620 Ext. 10118
26 Court Street, Plymouth, MA 02360

MANET COMMUNITY HEALTH CENTERS
Houghs Neck
617-471-8683
1193 Sea Street, Quincy, MA 02169
Hull
781-925-4550
180 George Washington Blvd. Hull, MA 02169
Snug Harbor
617-471-4715
9 Bicknell Street, Quincy, MA 02169
North Quincy
617-376-3000
110 West Squantum Street, Quincy, MA 02169

MANET COMMUNITY HEALTH CENTER-
COMMUNITY OUTREACH AND
PREVENTION SERVICES
617-993-0100
549 Washington Street, Quincy, MA 02169

HARBOR COMMUNITY HEALTH
Affordable medical and dental assistance.
508-778-5470
10 Cordage Park Circle, Plymouth, MA 02360
hhisi.us

SOUTH SHORE HOSPITAL
781-624-8000
55 Fogg Road, South Weymouth, MA 02190
southshorehealth.org

SOUTH SHORE MEDICAL CENTER
617-826-0798
1495 Hancock Street, Quincy, MA 02169
southshorehealth.org

BETH ISRAEL DEACONESS HOSPITAL
Sarah Cloud, Director of Social Work
508-746-2000, scloud@bidplymouth.org
275 Sandwich Street, Plymouth, MA
bidplymouth.org

COMPASS URGENT CARE
Quincy Community Care Network.
617-481-3100
54 Miller Street, Quincy, MA
steward.org

DOCTORS EXPRESS URGENT CARE
Quincy Community Care Network.
781-848-2273
485 Granite Street, Braintree, MA
steward.org
**QUINCY COMMUNITY ACTION PROGRAMS INC (QCAP)**
A program which advocates for, developing, and managing affordable housing for low- and moderate-income families.
617-657-5376, housinginfo@qcap.org
1509 Hancock Street, 3rd Floor, Quincy, MA 02169
qcap.org

**FA THER BILL’S & MAIN SPRING (FA THER BILL’S PLACE)**
Program helps people who are homeless or at risk for homelessness to achieve self-sufficiency.
Lisa McCarthy, Coordinator for Young Adult Program
774-539-8636, lmccarthy@helpfbms.org
38 Broad Street, Quincy, MA 02169
helpfbms.org
Peggy Hall, Stabilization Manager
774-539-8650, phall@helpfbms.org
1 South Spooner Street, Plymouth, MA 02360
memberspluscu.org

**PINE STREET INN**
Provides shelter, street outreach, emergency services, supportive housing, job training and connections to employment.
617-892-9100, info@pinestreetinn.org
444 Harrison Avenue, Boston, MA 02118
pinestreeinn.org

**INTERFAITH SOCIAL SERVICES - HOMELESSNESS PREVENTION**
Provides referrals and financial assistance for rental needs.
617-773-6203
105 Adams Street, Quincy, MA 02169
interfaithsocialservices.org

**FRIENDS OF THE UNBORN**
Provides for homeless, pregnant women as well as pregnancy counseling.
617-786-7903
P.O. Box 692246, Quincy, MA 02269
friendsoftheunborn.org

**QUINCY HOUSING AUTHORITY**
617-847-4350
80 Clay Street, Quincy, MA 02170
quincyha.com

**PLYMOUTH HOUSING AUTHORITY**
508-746-2105
130 Court Street, Plymouth, MA 02360
plymouthha@plymha.org

**CITY OF QUINCY OFFICE OF CONSTITUENT SERVICES**
Assists residents of Quincy with housing resources.
Director, Nicole Reppucci
nreppucci@quincyma.gov, 617-376-1500
1305 Hancock Street, Quincy, MA 02169

**PLYMOUTH AREA COALITION - FOR THE HOMELESS**
Supports Plymouth area residents to become self-sufficient by providing emergency shelter, skill building to enhance employment opportunities, housing search & stabilization and onsite support services.
Suzanne Giovanetti, 781-582-2010
sgiovanetti@plymouthareacoalition.org
149 Bishop’s Highway, Kingston, MA 02364
plymouthareacoalition.org

**PLYMOUTH TASKFORCE TO END HOMELESSNESS**
508-367-0516
PO Box 3896, Plymouth, MA 02361
plymouth-taskforce-homeless.org
MILITARY & VETERAN RESOURCES

VETERAN SERVICE OFFICE
This program provides quality information, advocacy and assistance across the entire spectrum of Federal and Massachusetts benefits for veterans and their dependents; and offers a helping hand to anyone in the community in need of guidance or assistance in matters relating to military service.

George Nicholson, Director
617-376-1192, gnicholson@quincyma.gov
24 High School Ave, Quincy, MA 02169

HOMEBASE PROGRAM
Veteran support services program.
617-724-5202
One Constitution Wharf, Suite 140, Charlestown, MA 02129
homebase.org

QUINCY VA CLINIC
Quincy outpatient clinic.
800-865-3384
110 West Squantum Street, Quincy, MA 02171
boston.va.gov

PLYMOUTH VA CLINIC
Plymouth outpatient clinic.
800-865-3384
116 Long Pond Road, Plymouth, MA 02360

THE NATHAN HALE FOUNDATION-VETERANS OUTREACH CENTER
Provide food pantries, rides to medical appointments, etc.
Diane Ribeiro, 508-224-0100
116 Long Pond Road, Plymouth, MA 02360
thenathanhaleveteransoutreachcenter.com

BRIGHTON MARINE-VETERAN NETWORK COMMUNITY
Provides housing and on-site health services through various community partners through the coordinated veteran services.
617-208-6227
77 Warren Street, Brighton, MA
brightonmarine.org

MASSACHUSETTS MILITARY SUPPORT FOUNDATION
Food and clothing needs throughout Massachusetts.
617-843-5777
mmsfi.org

PLYMOUTH VETERANS SERVICE
Massachusetts Department of Veteran Services.
508-747-1620 ext. 10172
600 Washington Street, Boston, MA 02111
mass.gov/orgs/massachusetts-department-of-veterans-services

MASSHIRE VETERANS
617-745-4060
jrobinson@masshiresouthshorecc.com
1515 Hancock Street, Suite 101, Quincy, MA 02169
masshiresouthshorecc.com/veteran-services
PERSONAL SAFETY

DOVE - DOMESTIC VIOLENCE ENDED
Transitional housing and advocacy for women and their children affected by domestic violence.
24-hour Crisis Hotline: 617-471-1234
or 1-888-314-3683
P.O. Box 690267, Quincy, MA 02269
dovema.org

SOUTH SHORE RESOURCE AND ADVOCACY CENTER
Hotline: 888-746-2664
508-746-2664, bcalderon@hptc.org
PO Box 6237, North Plymouth, MA 02360
ssrac.org

SAFELINK DOMESTIC VIOLENCE STATE HOTLINE
Crisis support, referral information, links to all domestic violence shelters within Massachusetts.
Multilingual in 140 languages. Free 24 Hours.
1-877-785-2020
janedoe.org

BAMSI
Provides services to adults and children with developmental disabilities, mental illness, and public health need.
Stephanie Kierstead
508-746-3610, stephaniekierstead@bamsi.org
7 Scobee Circle, Plymouth, MA 02360
bamsi.org

HEALTH IMPERATIVES
Provides health and well-being services for low income or vulnerable families and individuals.
Collette Puleo, Medical Advocate
508-746-8353, cpuleo@healthimperatives.org
123-1 Camelot Drive, Plymouth, MA 02360
healthimperatives.org
MASSACHUSETTS BAY TRANSPORTATION AUTHORITY
617-222-3200
mbta.com

MASSMOBILITY
A transportation service for older adults, people with disabilities, veterans, low-income commuters, and others who lack transportation access in Massachusetts.
EOHHS Human Service Transportation Office
100 Hancock Street, 8th floor, Quincy, MA 02171
hstmobility@state.ma.us
mass.gov/orgs/massmobility

MBTA COMMUTER RAIL
617-222-3200
385 Court Street, Plymouth, MA 02360
mbta.com

DIAL A RIDE-GATRA
Offers local bus service to the Plymouth community, for people with disabilities and seniors in the area.
508-823-8828 or 978-393-4404
gatra.org

PLYMOUTH & BROCKTON BUSES
A transportation company that offers dependable transportation.
508-746-0378
8 Industrial Park Road, Plymouth, MA 02360
p-b.com
“ONLY IN THE DARKNESS CAN YOU SEE THE STARS.
- DR. MARTIN LUTHER KING JR.

IF YOUR ACTIONS INSPIRE OTHERS TO DREAM MORE, LEARN MORE, DO MORE AND BECOME MORE, YOU ARE A LEADER.
- JOHN QUINCY ADAMS

EVERY ACCOMPLISHMENT STARTS WITH THE DECISION TO TRY.
- JOHN F. KENNEDY

WE MAY ENCOUNTER MANY DEFECTS BUT WE MUST NOT BE DEFEATED.
- MAYA ANGELOU

CHANGE IS THE END RESULT OF ALL TRUE LEARNING.
- LEO BUSCAGLIA

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