



QUINCY COLLEGE

First Year Seminar

SOCIAL TOLERANCE

IDS 167: FIRST YEAR SEMINAR

First Year Seminar (FYS) helps you develop the skills and strategies you need to be a successful self-advocate of your education and career goals. This experiential course welcomes you into the academic learning community of Quincy College, introduces you to campus resources, and equips you with useful tools for academic success. The course is required for all students who are seeking an Associates degree and who have earned fewer than 12 credits from another accredited institution.

This year's First Year Seminar is centered around the common theme of social tolerance. Each section is led by a full-time faculty or full-time staff member, who will help connect you to the Quincy College community, both in-person and online. Follow these 3 steps to get started:

Theme: Social Tolerance

A broad - minded approach towards cultural ideas or ways different from your own.

1. Review the First Year Seminar website to learn more about this introductory and student-centered course.
2. Register for the First Year Seminar section that works best with your schedule using the IDS 167 course registration code. Be sure to consider the course length and format when registering.
3. Begin to explore the common theme and book that will be covered in this course.

FYS STUDENT TESTIMONIALS

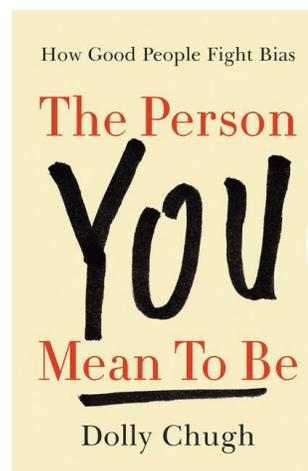
"This course helped me throughout my first semester. I faced all my fears and learned how to become a better person."

"First Year Seminar taught me many great lessons but the one thing that stood out is the diversity we have as a community."

96% of FYS students agree that they are knowledgeable about the different support services and campus resources at Quincy College, and plan to use these services in the future.

FYS COMMON BOOK

***The Person You Mean to Be*, by Dolly Chugh**



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