

QUINCY COLLEGE



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Contact: Taggart Boyle, 617-984-1771, tboyle@quincycollege.edu
Katy Spencer Johnson, 617-984-1759, kjohnson@quincycollege.edu

Quincy College to Host 'Meet the Author Night' at Plymouth's Krovitz Library Featuring Dr. Peter Grinspoon, author of *Free Refills*

SOCIAL MEDIA RELEASE (140 Characters):

@QuincyCollege Meet the Author event to be held in Plymouth 3.10 w/ @Peter_Grinspoon, *Free Refills* Author #StateWithoutStigMA

Plymouth, MA (3/1/2016) - Quincy College Plymouth Campus to host "Meet the Author Night" event at Krovitz Library. Dr. Peter Grinspoon, author of *Free Refills: A Doctor Confronts His Addiction* will speak to on Thursday, March 10th from 6:30pm to 9:30pm at the Quincy College Plymouth Campus, Krovitz Library, 36 Cordage Park Circle, 2nd Floor, Suite 232. This event is free and open to the public.

Dr. Peter Grinspoon, a Harvard-trained physician has penned an honest, inspiring memoir about confronting his opiate addiction and the prevalence of addiction in the medical community.

In his insightful, honest, and darkly hilarious memoir, *Free Refills*, Grinspoon shares his personal journey to addiction, from smoking marijuana at age 12 to discovering prescription drugs as a medical student. By the time he was a practicing physician, Grinspoon was a full-blown addict. For years it was almost easy to feed and hide his addiction, but once he was found out, Grinspoon faced horrendous consequences: he was stripped of his medical license, suspended from his teaching position, and faced a two-year probation sentence, along with weekly drug tests, and a three month stay at an out-of-state rehab center filled with fellow doctor addicts, all while his marriage plummeted toward divorce. *Free Refills* is ultimately a story of redemption and Grinspoon shares how, despite his struggles and setbacks, he achieved sobriety and reclaimed his life.

Dr. Grinspoon has recently appeared on National Public Radio's Only Human Podcast, and have been interviewed in the Boston Globe, WBUR, and other media outlets sharing his inspirational story of struggle and perseverance.

New to the Plymouth area, Quincy College's "Meet the Author Night" has brought notable authors to Quincy each Fall and Spring and have included such talent as Rick Beyer, author of The Greatest Stories Never Told series, Don Hussey, author of Ticket to Ride, and Stephen Puleo, author of Due to Enemy Action. The Plymouth Meet the Author event was first held in the Fall of 2015 featuring Casey Sherman, author of The Finest Hour and Boston Strong.

A question and answer session will follow the Quincy College Meet the Author reading. Reservations are recommended but not required; to reserve your seat for the Quincy College Plymouth Meet the Author event, visit: <https://qcauthornightdrgrinspoon.eventbrite.com>.

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ABOUT QUINCY COLLEGE

Founded in 1958, Quincy College is a two-year, municipally affiliated community college serving approximately 4,500 students at campuses located in Quincy and Plymouth, Massachusetts. Quincy College is an open access institution that encourages academic achievement and excellence, diversity, economic opportunity, community involvement, and lifelong learning. The College facilitates valuable learning relationships that inspire students to realize their educational and professional futures. The college offers 35 associate degree programs and 21 certificate programs in a variety of disciplines, including those within Professional Programs, Liberal Arts, Natural & Health Sciences and Nursing. The college is accredited by the New England Association of Schools and Colleges, and is licensed by the Massachusetts Board of Higher Education to grant the degrees of Associate in Arts and Associate in Science. The college draws a diversity of students from the greater Boston area, South Shore, Cape and the Islands, as well as 121 countries around the world.

For additional information, visit www.quincycollege.edu