



Community Resource Guide

2021 - 2022

Welcome

Dear Student,

In an effort to better support and care for you, Quincy College has created this Community Resource Guide. This guide provides contact information of organizations within the community that are committed to supporting you as a Quincy College student.

The purpose of this guide is to help you identify and secure resources that will contribute to your academic success and social well-being throughout your time at Quincy College and beyond. This guide has been created by a team of committed Quincy College staff who aim to build community partnerships based on identified students' needs.

We look forward to helping you connect to and utilize these resources in an effort to promote holistic development, academic success, and improved social well-being.

Sincerely,



Dr. Richard DeCristofaro, Ed.D.
President, Quincy College



Quincy Campus

(617) 984-1700

Plymouth Campus

(508) 747-0400

Administrative Services & Facilities

(617) 984-1798

Admissions

(617) 984-1710

Advising

(617) 984-1720

Bookstore

(617) 405-5952

Business Office

Fax: (617) 984-1744

(617) 984-1630

Financial Aid

(617) 984-1620

Help Desk

(617)984-1699

Innovation Hub

(617) 405-5917

International

Fax: (617) 984-1616

(617) 984-1641

Library

(617) 984-5949

Military & Veteran Services

(617) 984-1643

President's Office

(617) 984-1776

Registrar

Fax: (617) 984-1794

(617) 984-1650

Security: Plymouth

Ext. 1662

(617) 483-3723

Security: Quincy

Ext. 5111

(857) 225-1934

Student Disability Services

Fax: (617) 984-1792

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Northeast Addictions Treatment Center

Addiction Treatment Center

36 Miller Stile Road. Quincy, MA 02169

1-855-265-2159

After hours line: 1-800-851-1941

Accepted insurances: Insurance verified upon outreach call for services.

Gavin Foundation/ Gavin Quincy ATS/CSS

Addiction and Detox Services

43 Old Colony Avenue. Quincy, MA 02170

617-845-5785

Adcare

Addiction Treatment Services

1419 Hancock St. Suite 301 Quincy, MA 02169

1-866-578-1043

Adcare.com

Fortitude Counseling and Recovery Center

Counseling and Recovery Services

69 Holmes St. North Quincy, MA 02171

617-481-8991

Insurances accepted: Tufts, Cigna, TRICARE, Medicare, Value Options, United Health Care, Harvard Pilgrim Healthcare, Employee Assistance Programs, BCBS- all plans, Mass Health- MBHP and Network Health, Tufts Network Health.

Fenway Health- Substance Abuse Treatment Programs

LGBTQ clients, Spanish Speaking Services

1340 Boylston St. Boston, MA 02215

617-267-0900

Insurances Accepted: Medicaid, Medicare, Private Health Insurance, State Insurance, TRICARE, sliding fee scale available.

High Point Treatment Center

Addiction and Detox Services: Spanish and Portuguese speaking services

1233 State Road. Plymouth, MA 02360

Laurie Holmes, Nurse Manager: 508-224-7701, lholmes@hptc.org

Insurances Accepted: Medicaid, Medicare, State Insurance, TRICARE.

Sliding pay scale not available.

Anchor House

(LGBTQ and Veteran Clients) Addiction Services

60 ½ Cherry St. Plymouth, MA 02360

508-746-6654 ext. 12

Insurances Accepted: Medicaid.

Sliding scale for payment without insurance.

Clean Slate Centers

Addiction Services

46 Obey St. Plymouth, MA 02360

413-341-1780

Insurances Accepted: Medicaid, Medicare, Private Insurance, State Insurance, TRICARE.

Massachusetts Substance Use Helpline

Local counseling and treatment options from the state's referral service.

1-800-327-5050

SAMHSA National Helpline

Hotline to provide referrals to local treatment options Available in English and Spanish, 24/7, 365 days.

1-800-662-4357

Aspire Health Alliance

Behavioral health services.

460 Quincy Avenue Quincy, MA 02170
 Intake Line- 617-847-1914
 Crisis Line- 617-774-6036 (24/7, 365 days)
 Aspirehealthalliance.org
 Insurances accepted: Verified upon intake.

Mass Bay Counseling

Provides psychological counseling and psychotherapy services.

21 Thomas McGrath Highway
 Suite 202 Quincy, MA 02169
 617-786-0137
 massbaycounselingquincy.com
 Insurances accepted: Most accepted, insurance verified at time that referral is processed.

Bay State Community Services

Outpatient counseling.

1120 Hancock St. Quincy, MA 02169
 617-471-8400
 Insurances accepted: Most insurances accepted, Mass Health.

Maria Droste Services

Outpatient mental health therapy and holistic therapy services.

1354 Hancock St. Suite 209 Quincy, MA 02170
 617-471-5686
 mariadrosteservices.org
 Insurances accepted: Allways, BCBS, Harvard Pilgrim, Magellan, Optum, Tufts, United Healthcare. Sliding scale of payment is offered if no insurance. Clinician/therapist will be assigned within 2 weeks of the completion of the intake date.

Evergreen Counseling - Rachel Follis, LMHC

Individual Counseling.

175 Derby St. Suite 38 Hingham, MA 02043
 1-339-204-9706
 Insurances accepted: Allways, BCBS, Harvard Pilgrim, Blue Cross, Optum, United Healthcare-UHC/UBH

Psychology Associates

323 Court St. Plymouth, MA 02360
 508-747-2718
 info@psyc-associate.com
 Insurances accepted: Most major insurances accepted, intake coordinator will verify your insurance. Contact main number or email and intake coordinator will assist you in scheduling an intake appointment.

**Interfaith Social Services-
New Directions Counseling Center**

Counseling and support services to individuals and families.

105 Adams Street. Quincy, MA 02169
 617-773-6203 ext 12
 Interfaithsocialservices.org
 Insurances accepted: Most major insurances accepted and sliding pay scale is available for those without insurance. Initial appointment is offered within two weeks of outreach.

**Northeast Health Services and
Duxbury Counseling**

Provides comprehensive outpatient mental health services.

39A Industrial Park Drive. Plymouth, MA 02360
 508-830-1444
 Insurances accepted: Verified upon intake.

Association of Haitian Women in Boston

Provides DV services and general counseling services for women.

330 Fuller St. Dorchester, MA 02124
 617-287-0096
 Insurances accepted: Verified upon intake.

Boston GLASS

Behavioral Health Services: LGBTQ and Spanish speaking.

75 Amory St. Jamaica Plain, MA 02130
 857-399-1920
 Insurances accepted: Verified upon intake.

Behavioral Nutrition

Behavioral Therapy and Medical Nutrition Therapy for Eating Disorders. Individual Therapy, Intensive Outpatient Programs and Partial Hospitalization Programs

1266 Furnace Brook Parkway.

Suite 404 Quincy, MA 02169

617-595-7044

info@behavioralnutrition.org

Insurances accepted: (Behavioral counseling)

Aetna - Out of Network, BCBS, Cigna - Out of Network, Fallon, GIC, Harvard Pilgrim, /UBH/Value Options, NHP/Allways, Tricare, Tufts

NAMI Helpline

Support with information on mental health conditions, and various treatment options.

1-800-950-6264

Monday-Friday 10am-6pm

National Suicide Prevention Lifeline

1-800-273-8255

Monday-Friday 8:30am-7:30pm

Haitian Mental Health Network

Organization of mental health providers.

Hmhnetwork.org

Boston Chinatown Neighborhood Center

Family Services: Cantonese Chinese, Mandarin Chinese, Vietnamese.

275 Hancock St. Suite 200 Quincy, MA 02171

617-770-0091

Insurances accepted: Verified upon intake.

Dorchester House Multi- Service Center

Individual, Family and Group Counseling: French, Spanish and Vietnamese.

1353 Dorchester Ave. Dorchester, MA 02122

617-740-2212

Insurances accepted: Verified upon intake.

North Quincy Clinic

Asian American Resources: Provides medical and behavioral health services, along with youth and family programs.

617-318-3300

435 Hancock St. Suite 209

Quincy, MA 02171

Quincy Community Action Programs INC.- Head Start

Early care and education program that services low to moderate income families with children ages 15 months to 5 years old.

617-249-2000, qcaphs@qcap.org
22 Pray Street. Quincy, MA 02169
qcap.org

Quincy Community Action Programs INC. - Braintree Family Network

Provides parenting workshops, playgroups, family events, and special children entertainers.

617-657-5369 or 617-657-5311
jrodeck@qcap.org, mjoseph@qcap.org
1509 Hancock Street. Quincy, MA 02169
qcap.org

Quincy Community Action Programs, INC.

Community care for children.

Lisa Davidson, 617-657-5305
1509 Hancock Street. 3rd Floor, Quincy, MA 02169
qcap.org

Nami-National Alliance on Mental Health

Provides guidance, support and advocacy throughout the Plymouth area on behalf of individuals and families affected by mental illness.

Kathleen Considine, Counselor
508-209-1124, kathleenconsidine535@gmail.com

Boston Chinatown Neighborhood Center

Offering family support services and referrals.
Languages spoken: English, Cantonese and Mandarin.

617-770-0091
1458 Hancock Street. 3rd Floor, Quincy, MA 02169
bcnc.net

Massachusetts Child Care Resource & Referral

Provides resources and referrals to meet childcare needs.

Kim Dion, Child Care Resources
508-796-1833, kdion@sevenhills.org
machildcareresourcesonline.org

Plymouth KinderCare

Kelly Hogan, Center Director
508-830-0817
24 Pilgrim Hill Road. Plymouth, MA 02360

Quincy Family Resource Center

Provides services to help families access and navigate resources in the local community.

617-481-7227
1120 Hancock Street. 1st Floor South Entrance
(off Johnson Avenue), Quincy, MA 02169
quincymfamilyrc.org

Bay State Community Services, Inc

Mental health services.

508-830-3440, info@baystatecs.org
36 Cordage Park Circle. Plymouth, MA 02360
617-471-8400
1120 Hancock Street. Quincy, MA 02169
baystatecs.org

Members Plus Credit Union

Offering assistance with financial literacy through community programs and personalized assistance.

Colin Scott, Branch Manager
508-503-6129, cscott@memberspluscu.org
53 Commerce Way. Plymouth, MA 02360
memberspluscu.org

MassHire Career Center

Career placement center provides services for job seekers through job listings, workshop training, job placement and veteran's services.

Cathy Folan, Director
617-745-4000, cfolan@masshiresouthshorecc.com
1515 Hancock Street. Quincy, MA 02169
617-376-5170
36 Cordage Park Circle. Suite 214 B,
Plymouth, MA 02360
masshiresouthshorecc.com

Training Resources of America

Job training and education program.

617-773-1470
1515 Hancock St. #205 Quincy, MA 02169
tra-inc.org

HarborOne Bank

Offers a wide range of classes, webinars and events tailored to help people and business owners better understand and manage their finances and their futures.

Sarah Duprez
617-226-3715, sduprez@harborone.com
One Chestnut Place. Suite 1 Quincy, MA 02169
harborone.com

Financial REACH Center

Helps residents increase their income, build savings, and develop assets.

Theresa Whittaker
617-657-5355, twhittaker@qcap.org
1509 Hancock Street. 2nd Floor Quincy, MA 02169

Eastern Bank

Offering services in financial literacy through Money Smart Program to help develop good money management skills and understanding financial services.

Ivelisse Gonzalez, Vice President
781-598-8511 or 508-746-3300
108 Main Street. Kingston, MA 02364
easternbank.com

Quincy Credit Union

Offering services in financial literacy.

Kellie Gillis, Financial Literacy
Specialist/Business Development Representative
617-479-5558, gillisk@qcu.org
100 Quincy Ave. Quincy, MA 02169
qcu.org

Quincy Community Action Programs Inc. (QCAP)

Households can get monthly food orders containing fresh, frozen and non-perishable food, holiday food orders, diapers, formula, and toiletries.

617-471-0796, malexander@qcap.org
1 Copeland Street. Quincy, MA 02169
qcap.org

South Shore YMCA- Germantown Neighborhood Center

Food pantry for family (Quincy resident only)

617-376-1384, sbouchard@ssymca.org
366 Palmer Street. Quincy, MA 02169-5911
ssymca.org

Interfaith Social Services

Food pantry.

617-773-6203, info@interfaithsocialservices.org
105 Adams Street. Quincy, MA 02169
interfaithsocialservices.org/food/#foodassistance

Salvation Army

Provides emergency financial and housing assistance, along with food pantry.

Captain Kyle Maynor
617-472-2345, Kyle.Maynor@use.salvationarmy.org
6 Baxter Street. Quincy, MA 02169
SalvationArmyMA.org/Quincy

Mayflower Community Outreach Nonprofit Thrift Shop and Food Pantry

A resource where those in need are able to obtain food and clothing for all members of the household in meet the income criteria.

774-707-5353
182 Standish Ave. Plymouth, MA 02360

Food Distribution Center/Food Pantry Partners

Accessible and convenient, community-based programs to assist neighbors in need. These partners assist in fighting to address food insecurity and nutritional risk.

508-746-4959, Christ Church
149 Court Street. Plymouth, MA 02360

Quincy WIC Program

Provides nutrition, health education, healthy food and other services free of charge to pregnant and breastfeeding women and kids under age 5.

617-376-8701, askwicquincy@bamsi.org
121 Whitwell Street. Quincy, MA 02169
88 Holmes Street. Quincy, MA 02171
wic.bamsi.org

Quincy DTA Office

Food stamp and walk-in help.

617-249-8200
1515 Hancock Street. Suite 105. Quincy, MA 02169
mass.gov

Quincy Health Department

617-376-1272
440 East Squantum Street. Quincy, MA 02171

Plymouth Public Health Department

508-747-1620 Ext. 10118
26 Court Street. Plymouth, MA 02360

Manet Community Health Centers

Houghs Neck
617-471-8683
1193 Sea Street. Quincy, MA 02169
Hull
781-925-4550
180 George Washington Blvd. Hull, MA 02169
Snug Harbor
617-471-4715
9 Bicknell Street. Quincy, MA 02169
North Quincy
617-376-3000
110 West Squantum Street. Quincy, MA 02169

Manet Community Health Center- Community Outreach and Prevention Services

617-993-0100
549 Washington Street. Quincy, MA 02169

Harbor Community Health

Affordable medical and dental assistance.

508-778-5470
10 Cordage Park Circle. Plymouth, MA 02360
hhsi.us

South Shore Hospital

781-624-8000
55 Fogg Road. South Weymouth, MA 02190
southshorehealth.org

South Shore Medical Center

617-826-0798
1495 Hancock Street. Quincy, MA 02169
southshorehealth.org

Beth Israel Deaconess Hospital

Sarah Cloud, Director of Social Work
508-746-2000, scloud@bidplymouth.org
275 Sandwich Street. Plymouth, MA
bidplymouth.org

Compass Urgent Care

Quincy Community Care Network.

617-481-3100
54 Miller Street. Quincy, MA
steward.org

Doctors Express Urgent Care

Quincy Community Care Network.

781-848-2273
485 Granite Street. Braintree, MA
steward.org

Quincy Community Action Programs Inc. (QCAP)

Advocates for developing and managing affordable housing for low & moderate income families.

617-657-5376, housinginfo@qcap.org
1509 Hancock Street. 3rd Floor, Quincy, MA 02169
qcap.org

Father Bill's & Main Spring (Father Bill's Place)

Program helps people who are homeless or at risk for homelessness to achieve self-sufficiency.

Lisa McCarthy, Coordinator for Young Adult Program
774-539-8636, lmccarthy@helpfbms.org
38 Broad Street. Quincy, MA 02169
helpfbms.org
Peggy Hall, Stabilization Manager
774-539-8650, phall@helpfbms.org
1 South Spooner Street. Plymouth, MA 02360
memberspluscu.org

Pine Street Inn

Provides shelter, street outreach, emergency services, supportive housing, job training and connections to employment.

617-892-9100, info@pinestreetinn.org
444 Harrison Avenue. Boston, MA 02118
pinestreetinn.org

Interfaith Social Services - Homelessness Prevention

Provides referrals and financial assistance for rental needs.

617-773-6203
105 Adams Street. Quincy, MA 02169
interfaithsocialservices.org

Friends of the Unborn

Provides for homeless, pregnant women as well as pregnancy counseling.

617-786-7903
P.O. Box 692246. Quincy, MA 02269
friendsoftheunborn.org

Quincy Housing Authority

617-847-4350
80 Clay Street. Quincy, MA 02170
quincyha.com

Plymouth Housing Authority

508-746-2105
130 Court Street. Plymouth, MA 02360
plymouthha@plymha.org

City of Quincy Office of Constituent Services

Assists residents of Quincy with housing resources.

Director, Nicole Reppucci
nreppucci@quincyma.gov, 617-376-1500
1305 Hancock Street. Quincy, MA 02169

Plymouth Area Coalition- For the Homeless

Supports Plymouth area residents to become self-sufficient by providing emergency shelter, skill building to enhance employment opportunities, housing search & stabilization & onsite support services.

Suzanne Giovanetti, 781-582-2010
sgiovanetti@plymouthareacoalition.org
149 Bishop's Highway. Kingston, MA 02364
plymouthareacoalition.org

Plymouth Taskforce to End Homelessness

508-367-0516
PO Box 3896. Plymouth, MA 02361
plymouth-taskforce-homeless.org

Veteran Service Office

Provides quality information, advocacy and assistance across the entire spectrum of Federal and Massachusetts benefits for veterans and their dependents; and offers a helping hand to anyone in the community in need of guidance or assistance in matters relating to military service.

George Nicholson, Director
617-376-1192, gnicholson@quincyma.gov
24 High School Ave. Quincy, MA 02169

HomeBase Program

Veteran support services program.

617-724-5202
One Constitution Wharf. Suite 140
Charlestown, MA 02129
homebase.org

Quincy VA Clinic

Quincy outpatient clinic.

800-865-3384
110 West Squantum Street. Quincy, MA 02171
boston.va.gov

Plymouth VA Clinic

Plymouth outpatient clinic.

800-865-3384
116 Long Pond Road. Plymouth, MA 02360

The Nathan hale Foundation - Veterans Outreach Center

Provide food pantries, rides to medical appointments, etc.

Diane Ribeiro, 508-224-0100
116 Long Pond Road. Plymouth, MA 02360
thenathanhaleveteransoutreachcenter.com

Brighton Marine-Veteran Network Community

Provides housing and on-site health services through various community partners through the coordinated veteran services.

617-208-6227
77 Warren Street. Brighton, MA
brightonmarine.org

Massachusetts Military Support Foundation

Provides food and clothing needs.

617-843-5777
mmsfi.org

Plymouth Veterans Service

Massachusetts Department of Veteran Services.

508-747-1620 ext. 10172
600 Washington Street. Boston, MA 02111
mass.gov/orgs/massachusetts-department-of-veterans-services

MassHire Veterans

617-745-4060
jrobinson@masshiresouthshorecc.com
1515 Hancock Street. Suite 101, Quincy, MA 02169
masshiresouthshorecc.com/veteran-services

New Way Peer Recovery Center

Support Group for Veterans and Active Military Members

Bruno- 617-302-3287
Vania- 617-471-8400 X124
85 Quincy Ave. Quincy, MA 02169

DOVE - Domestic Violence Ended

Transitional housing and advocacy for women & their children affected by domestic violence.

24-hour Crisis Hotline: 617-471-1234
or 1-888-314-3683
P.O. Box 690267. Quincy, MA 02269
dovema.org

South Shore Resource and Advocacy Center

Hotline: 888-746-2664
508-746-2664, bcalderon@hptc.org
PO Box 6237. North Plymouth, MA 02360
ssrac.org

Safelink Domestic Violence State Hotline

Crisis support, referral information, links to all domestic violence shelters within Massachusetts.
Multilingual in 140 languages. Free 24 Hours.

1-877-785-2020
janedoe.org

BAMSI

Provides services to adults and children with developmental disabilities, mental illness, and public health need.

Stephanie Kierstead
508-746-3610, Stephaniekierstead@bamsi.org
7 Scobee Circle. Plymouth, MA 02360
bamsi.org

Health Imperatives

Provides health and well-being services for low income or vulnerable families and individuals.

Collette Puleo, Medical Advocate
508-746-8353, cpuleo@healthimperatives.org
123-1 Camelot Drive. Plymouth, MA 02360
healthimperatives.org

Asian Task Force Against Domestic Violence

Crisis call response, advocacy at courts, hospitals, housing and social service agencies, emergency shelters, informal counseling to families, outreach and educational programs, including ESL and tutoring.

Languages: Vietnamese, Cantonese Chinese, Shanghainese, Taiwanese, Khmer, Korean, Japanese, Lao, Nepali, Hindi, Bangla, Tagalog, Urdu, Thai, Manipuri, Mien, Indonesian, Toisanese

24-hour Multilingual Helpline:
617-338-2355
P.O. Box 120108. Boston, MA 02112

Massachusetts Bay Transportation Authority

617-222-3200
mbta.com

MassMobility

Transportation service for older adults, people with disabilities, veterans, low-income commuters, and others who lack transportation access in Massachusetts.

EOHHS Human Service Transportation Office
100 Hancock Street. 8th floor, Quincy, MA 02171
hstmobility@state.ma.us
mass.gov/orgs/massmobility

MBTA Commuter Rail

617-222-3200
385 Court Street. Plymouth, MA 02360
mbta.com

Dial a Ride-GATRA

Offers local bus service to the Plymouth community for people with disabilities and seniors in the area.

508-823-8828 or 978-393-4404
gatra.org

Plymouth & Brockton Buses

A transportation company that offers dependable transportation.

508-746-0378
8 Industrial Park Road. Plymouth, MA 02360
p-b.com

Quincy College Community Resource Guide Members

Meghan Cassidy

Associate Vice President of Student
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Meghan MacDonald

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Melissa Lord

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Dorothy F. (Dolly) Di Pesa

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Eileen Bevivino-Lawton,

Chair

Dorothy F. (Dolly) Di Pesa

Honorable Robert W. Harnais, Esq.

Frank C. Santoro



Only in the darkness can you see the stars.

Dr. Martin Luther King Jr.

Every accomplishment starts with the decision to try.

John F. Kennedy

We may encounter many defeats but we must not be defeated.

Maya Angelou

Change is the end result of all true learning.

Leo Buscaglia

EST. 1958

QUINCY COLLEGE

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