

A photograph of the Quincy College clock tower at dusk. The tower is illuminated, showing its clock faces and the bell inside the belfry. The sky is a deep blue with some clouds. Trees with autumn foliage are in the foreground and background. The overall mood is serene and academic.

Community Resource Guide

2026–2027

QUINCY COLLEGE



Welcome from the President

In an effort to better support and care for you, Quincy College has created this Community Resource Guide. This guide provides contact information of organizations within the community that are committed to supporting you as a Quincy College student.

The purpose of this guide is to help you identify and secure resources that will contribute to your academic success and social well-being throughout your time at Quincy College and beyond. This guide has been created by a team of committed Quincy College staff whose members aim to build community partnerships based on identified students' needs.

We look forward to helping you connect to and utilize these resources in an effort to promote holistic development, academic success, and improved social well-being.

Sincerely,



Richard DeCristofaro, Ed. D.
Quincy College President



Campus Contacts

Quincy Campus
(617) 984-1700

Plymouth Campus
(508) 747-0400

Administrative Services & Facilities		(617) 984-1798
Admissions		(617) 984-1710
Advising		(617) 984-1720
Bookstore		(617) 405-5952
Business Office	Fax: (617) 984-1744	(617) 984-1630
Financial Aid		(617) 984-1620
Help Desk		(617) 984-1699
Innovation Hub		(617) 405-5917
International	Fax: (617) 984-1616	(617) 984-1641
Library		(617) 984-5949
Military & Veteran Services		(617) 984-1643
Registrar	Fax: (617) 984-1794	(617) 984-1650
Public Safety: Plymouth	Ext. 1662	(617) 483-3723
Public Safety: Quincy	Ext. 5111	(857) 225-1934
Student Accessibility Services	Fax: (617) 984-1792	(617) 984-1682
Student Development		(617) 984-1682

Table of Contents

Addiction & Detox Services	6/7
Animal & Pet Care Services	8
Counseling Services	9/12
Disability Services	13
Environmental & Energy Resources	14
Family Support	15/17
Financial Literacy/ Employment	18/19
Food Resources	20/21
Health Contacts	22/23
Housing Resources	24/25
Immigration Services	26/27
Legal Services	28
LGBTQIA+ Services	29/30
Military & Veterans Resources	31/33
Personal Safety	34/35
Transportation	36
Resource Members & Board of Governors	37

Addiction & Detox Services

Quincy

Bay State Community Services

<https://www.baystatecs.org/programs-services/substance-use-recovery-supports/>

A New Way Peer Recovery Support Center

(617) 302-3287

<https://www.anewwayrecoveryctr.org/>

85 Quincy Avenue, Suite B, Quincy, MA 02169

MA Young People in Recovery

(617) 657-1031

<https://Mypir.org>

Mypir@baystatecs.org

City of Quincy Health Department's Stop Smoking Program

Offers help and support for anyone trying to quit smoking

Christine Coscia, NCTTP

Tobacco Treatment Specialist

(617) 376-1233

<https://quincyma.gov/contacts/ccoscia.php>

Quincy Mobile Unit – Comprehensive Treatment Center

(855) 939-4954

460 Quincy Avenue, Quincy, MA 02169

Ctcprograms.com/locations/quincy-mobile-unit/

Massachusetts Center for Addiction

1515 Hancock Street, Suite 300, Quincy, MA 02169

<https://masscenterforaddiction.com/>

admissions@masscenterforaddiction.com

(844) 486-0671

Northeast Recovery

500 Victory Road, 3rd Floor, Quincy, MA 02171

(855) 619-7082

Info@northeastrecovery.health

Northeastrecovery.health

Boston Chinatown Neighborhood Center

Brings wellness and addresses problem gambling among immigrant communities through community wellness initiatives and collaborations with other community organizations in Greater Boston.

1458 Hancock Street, Quincy, MA 02171

Boston Drug Treatment Center

bostondrugtreatmentcenter.com

(857) 577-8193

Bedrock Recovery Center

bostondrugtreatmentcenter.com

(857) 577-8193

Addiction & Detox Services

Plymouth

BAMSI Community Outreach, Prevention, & Education (COPE) Center

Substance use disorder services

Brockton COPE: 74 Pleasant Street,
Brockton, MA 02301

(508) 583-3405

Plymouth COPE: 385 Court Street, Suite B1,
Plymouth, MA 02360

(508) 591-3870

Clean Slate Centers

Outpatient Addiction Treatment and Recovery

61 Industrial Park Road, Suite 2,
Plymouth, MA 02360

(508) 503-5020

<https://www.cleanslatecenters.com/locations/massachusetts/plymouth/>

Gandara Center – Plymouth Recovery Center

Free services including peer-to-peer support, support groups, prevention, social events, access to computers, advocacy and coaching

5 Main Street Extension, Plymouth, MA 02360

<https://www.gandaracenter.org/plymouth-recovery-center>

(774) 776-3515

Health Imperatives – Substance Use Disorder Medication and Support

123-1 Camelot Drive, Plymouth, MA 02360
(508) 746-8353

<https://healthimperatives.org/plymouth-south-shore/>

High Point Treatment Center

Hptc.org

Inpatient, community-based, residential services
(24/7) (800) 233-4478

Outpatient (Plymouth) (508) 830-1234

61 Industrial Park Road, Plymouth, MA 02360

South Shore Recovery Center

Outpatient addiction and mental health services
182 Standish Avenue, Plymouth, MA 02360

Contact@southshorerecovery.com

(774) 515-2878

Massachusetts/ Nationwide

Massachusetts Substance Use Helpline

Local counseling and treatment options from the state's referral service

(800) 327-5050 (call or text)

SAMHSA National Helpline

Substance Abuse and Mental Health Services hotline to provide referrals to local treatment options (800) 662-4357

Text your zip code to 435748 (HELP4U) to find help in your area

Animal & Pet Care Services

Quincy

Interfaith Social Services

Food Pantry provides pet food when available
Serves residents of Braintree, Cohasset, Hingham, Holbrook, Hull, Milton, Quincy, Randolph, Scituate, Weymouth
Monday-Friday 10-11:45 and Wednesday evenings by appointment only
105 Adams Street, Quincy, MA 02169
<https://interfaithsocialservices.org/food/>

Quincy Animal Shelter

99 Quarry Street, Quincy, MA 02169
(617) 376-1349
<https://www.quincyanimalshelter.org/>

Quincy Community Action Program (QCAP)

Food pantry provides pet food when available
18 Copeland Street, Quincy, MA 02169
(617) 471-0796

Plymouth

Plymouth Animal Shelter

2199 State Road, Plymouth, MA 02360
(508) 888-1186
<https://plymouth-ma.gov/164/Plymouth-Animal-Shelter>

Massachusetts/Nationwide

Interfaith Social Services

Animal Rescue League of Boston
Low-cost veterinary services, resources and services including food, supplies, information
10 Chandler Street, Boston, MA 02116
(617) 226-5605
Bvc@arlboston.org
<https://www.arlboston.org/>

MSPCA-Angell

Animal care and adoption center, financial assistance, low cost spay and neuter
350 South Huntington Avenue, Boston, MA 02130
(617) 522-7400
<https://www.mspca.org/>

Counseling Services

Quincy

Aspire Health Alliance Crisis Team

24/7, 365 days: (800) 528-4890

Arbour Hospital Branches Quincy

Comprehensive treatment for 18+ for substance abuse, behavioral health, etc.

460 Quincy Avenue, Quincy, MA 02169

(617) 404-4466

<https://arboursouthshore.com/about-us/our-facilities/quincy-center/>

Aspire Health Alliance

Behavioral health and community services in the South Shore and beyond. Serving individuals and families in person, in the community, at your home or by telehealth.

54 Miller Street, Quincy, MA 02169

(617) 774-6090

<https://aspriehcs.org>

Accepted insurances: MassHealth, most major providers

Flexible payment options

Bay State Community Services

Outpatient Counseling

1120 Hancock St, Quincy, MA 02169

(617) 471-8400

Accepted insurances: Most insurances accepted. Mass Health.

Bay State Community Services

Outpatient Counseling

1120 Hancock Street, Quincy, MA 02169

(617) 471-8400

<https://www.baystatecs.org/programs-services/behavioral-health/>

Behavioral Nutrition

Dietitian-led outpatient clinic offering evidence-based nutrition therapy that is weight neutral, HAES aligned, and deeply compassionate. Telehealth available across 8 states.

1266 Furnace Brook Parkway, Suite 404, Quincy, MA 02169

(617) 595-7044

Info@behavioralnutrition.org

Accepted insurances: Most major providers

Boston Chinatown Neighborhood Center

Provides new immigrants, especially Asians, with support and resources, multilingual in English and Chinese dialects

1458 Hancock Street, Quincy, MA 02171

(617) 249-2995 x 1000

<https://Operations@bcnc.net>

[Bcnc.net/forms-and-applications/request-services/](https://bcnc.net/forms-and-applications/request-services/)

Ellie Mental Health

In-person and telehealth services, multiple locations

1515 Hancock Street, Suite 306, Quincy, MA 02122

(617) 404-3621

<https://elliementalhealth.com/locations/quincy-ma/>

HRI Hospital

Inpatient, partial hospitalization (PHP), and outpatient mental health treatment.

227 Babcock Street, Brookline, MA 02446

24/7 line: (617) 634-0648

(617) 634-0648

Hrihospital.com

Counseling Services (continued)

Interfaith Social Services – New Directions Counseling Center

In person and telehealth services

101 Adams Street, Quincy, MA 02169

(617) 773-6203 x 12

<https://interfaithsocialservices.org/new-directions-counseling-center/>

LifeStance Health

In person and telehealth services

2300 Crown Colony Drive, Suite 202,

Quincy, MA 02169

(866) 319-8292

<https://lifestance.com/location/quincy-ma-2300-crown-colony/>

Manet Community Health Center

*Behavioral health counseling for Manet's
primary care patients*

110 W Squantum Street, Quincy, MA 02171

(617) 376-3000

Info@manetchc.org

Maria Drose Counseling Services

In person and telehealth services

1354 Hancock Street, 2nd Floor, Suite 209,

Quincy, MA 02169

(617) 471-5686 x 201

Info@mariadrostecounseling.com

<https://Mariadrostecounseling.com>

Northeast Health Services

In person and telehealth services

100 Hancock Street, Suite 901, Quincy, MA 02171

(857) 363-6948

[https://nehs.transformationsnetwork.com/
individual-locations/quincy-ma/](https://nehs.transformationsnetwork.com/individual-locations/quincy-ma/)

Thriveworks Therapy, Psychiatry & Counseling

In person and telehealth services

101 Adams Street, Suite 26, Quincy, MA 02169

(571) 554-1147

<https://thriveworks.com/quincy-counseling>

Verge Therapy

In person and telehealth services

220 Forbes Road, Suite 2204,

Braintree, MA 02184

(781) 570-3530

Counseling Services (continued)

Plymouth

BAMSI Counselling Center

Outpatient and telehealth services

10 Christy's Drive, Brockton, MA 02301

(781) 447-6425

Clubhouse – community space for those with mental illness

728 Belmont Street, Brockton, MA 02301

(508) 857-1657

<https://www.bamsi.org/bamsi-community/clubhouse/>

Beth Israel Deaconess

Integrated behavioral health services

47 Obery Street, Suite 1B, Plymouth, MA 02360

(508) 746-8590

<https://bidplymouth.org/services/behavioral-health>

LifeStance Health

In person and telehealth services

4 Collins Avenue, Suite 201-A, Plymouth, MA 02360

(844) 496-8610

<https://lifestance.com/location/plymouth-ma-4-collins-avenue/>

Northeast Health Services

In person and telehealth services

39A Industrial Park Road, Plymouth, MA 02360

(508) 591-3148

<https://nehs.transformationsnetwork.com/individual-locations/plymouth-ma/>

The Plymouth Center for Behavioral Health

Community-based clinic offering mental health and behavioral support services

(outpatient)

81 Samoset Street, Plymouth, MA 02360

(508) 830-0012

<https://Theplymouthcenterforbehavioralhealth.com>

Psychology Associates

Comprehensive mental health practice

323 Court Street, Plymouth, MA 02360

(508) 746-8047

Info@psycho-associate.com

<https://psych-associate.com/index.html>

Counseling Services (continued)

Nationwide

Child & Family Crisis Services

24-hour Access: (877) 996-3154

988 Suicide and Crisis Lifeline

24/7 call or text 988 or chat online via

988lifeline.org

More than 240 languages available

ASL call 988 videophone via ASL Now

<https://988.aslnow.io/phones/100030001/>

Aspire Health Alliance Crisis Team

24/7 (617) 774-6036 (800) 528-4890

Child and Family Crisis Services

24/7 access: (877) 996-3154

Dbsalliance.org

Depression and bipolar support alliance, online
and free support groups for mood disorders

Compass Helpline at NAMI Massachusetts

*Provides information, ideas, resources and support
to people navigating the mental health
system, English and Spanish. Not a crisis line.*

Monday – Friday 10am – 6pm

(617) 704-6264 or (800) 370-9085

Compass@namimass.org

<https://namimass.org/nami-mass-compass-helpline/>

Massachusetts Behavioral Health Help Line (BHHL) and Suicide and Crisis Lifeline (24/7)

(833) 773-2445

www.masshelpline.com

Disability Services

Quincy

The Arc of the South Shore

Personalized, person-centered services to people of all ages and disabilities

20 Pond Park, Unit 113, Hingham, MA 02043

(781) 335-3023

Info@arcsouthshore.org

<https://Arcsouthshore.org>

South Shore Autism Center

Autism and ABA support

218 Willard Street, Quincy, MA 02169

(781) 764-3138

Intake@ssautismcenter.com

Plymouth

BAMSI

Services for individuals with developmental disabilities and mental and behavioral health challenges

10 Christy's Drive, Brockton, MA 02301

(508) 580-8700

<https://www.bamsi.org/>

The Arc of Plymouth and Upper Cape Cod

Services and advocacy support to individuals with disabilities and their families

71 Armstrong Road, Plymouth, MA 02360

(508) 732-9292

Info@plymouthcapearc.org

<https://Plymouthcapearc.org>

Road to Responsibility

Community based day supports (Plymouth) and other services

(781) 834-1300

<https://Roadtoresponsibility.org/contact/>

Massachusetts/Nationwide

JVS Boston

Services and programs for adults with disabilities to develop job skills

75 Federal Street, 3rd Floor, Boston, MA 02110

(617) 399-3131

<https://www.jvs-boston.org/our-services/disability-services/>

NEADS Service Dogs

Trains service dogs for deaf people or people with disabilities

PO Box 1100, Princeton, MA 01541

(978) 422-9064

<https://neads.org/contact/>

Environmental & Energy Resources

Quincy

Quincy Asian Resources, Inc – Environmental Initiatives

275 Hancock Street, Suite 205, Quincy, MA 02171

(617) 472-2200

Info@quincyasianresources.org

<https://Qarius.org/program-category/environmental-initiatives>

Plymouth

Whale and Dolphin Conservation

Working to ensure a future for marine mammals through science, education and policy

225 Water Street, Suite A-145,

Plymouth, MA 02360

(888) 699-4253

Contact@whales.org

<https://Us.whales.org>

South Shore Community Action Council – Fuel Assistance

71 Obery Street, Plymouth, MA 02360

(508) 746-6707

Public Health – Plymouth

26 Court Street, Plymouth, MA 02360

(508) 322-3339

publichealth@plymouth-ma.gov

<https://www.plymouth-ma.gov/506/Public-Health>

Massachusetts/Nationwide

Home Energy Assistance (HEAP)

Assistance with heating bills

<https://www.mass.gov/info-details/learn-about-home-energy-assistance-heap>

Massachusetts/Nationwide

Home Energy Assistance (HEAP)

Assistance with heating bills

<https://www.mass.gov/info-details/learn-about-home-energy-assistance-heap>

Family Support

Quincy

Bay State Community Services

Child/Family Service Programs – home and community-based services

1120 Hancock Street, Quincy, MA 02169

(617) 471-8400

TTY/TDD - 711 (24/7)

<https://Baystatecs.org/programs-services/child-family-services/>

Boston Chinatown Neighborhood Center

Family Services – free and low-cost culturally competent and linguistically accessible behavioral and mental health support services to Chinese-speaking immigrants

1458 Hancock Street, Quincy, MA 02171

Info@bcnc.net

(617) 249-2995 x 1000

<https://Bcnc.net/find-a-program/family-services/>

Quincy Family Resource Center

Provides services to help families access and navigate resources

1120 Hancock Street, 1st Floor (off Johnson Ave), Quincy, MA 02169

(617) 481-7227

<https://www.quincyfamilyrc.org/>

Quincy Community Action Programs

Early education and care and community care for kids along with other supports

1509 Hancock Street, 3rd Floor, Quincy, MA 02169

<https://Qcap.org>

Community care for kids: (617) 657-5305

ccoynne@qcap.org

Head Start - (617) 249-2000 nabrams@qcap.org

22 Pray Street, Quincy, MA 02169

Transitional Aid to Families with Dependent Children (TAFDC)

Cash benefit program for pregnant individuals, families and caregivers

Quincy DTA Office

1515 Hancock Street, Suite 105, Quincy, MA 02169

(617) 249-8200

<https://www.mass.gov/locations/dta-quincy-transitional-assistance-office>

Family Support (continued)

Plymouth

BAMSI Kids

Wraparound services from birth through adulthood

10 Christy's Drive, Brockton, MA 02301

(508) 587-2579

<https://www.bamsi.org/bamsi-kids/>

Bay State Community Services – Family Resource Center

Assessment and family support, resources and referrals, and groups and events

430-3 Court Street, Plymouth, MA 02360

(774) 283-6531

Aarcuri@baystatecs.org

<https://Plymouthfamilyrc.org>

South Shore Family Network

Wide range of free events, workshops, playgroups and fairs throughout the South Shore

(508) 747-7575 x 6247

<https://Sscac.org/family-network>

Plymouth Family Network

Supports families with children under 6

Plymouth Public Schools Administration Building

11 Lincoln Street, Plymouth, MA 02360

(508) 830-4444

Pfn@plymouth.k12.ma.us

South Shore Community Action Council – South Shore Early Education – Plymouth

Head Start, Early Head Start, early education and childcare

196 S Meadow Road, Plymouth, MA

<https://www.sscac.org/early-education>

(508) 747-1250

Family Support (continued)

Massachusetts/ Nationwide

BabySteps

Provides \$50 to Massachusetts families to save toward their children's education

<https://www.mass.gov/info-details/babysteps>

Babysteps@tre.state.ma.us

Child and Family Crisis Services

24/7 access: (877) 996-3154

Catholic Charities of Boston – Family and Youth Services

275 West Broadway, Boston, MA 02127

(617) 464-8500

<https://Ccab.org/family-youth-services/>

Fenway Health's Behavioral Health Department

*Family and Parenting Services including support,
education and outreach for LGBT*

parenting issues

(617) 927-6243

[https://fenwayhealth.org/care/wellness-resources/
lgbtqia-family-services/](https://fenwayhealth.org/care/wellness-resources/lgbtqia-family-services/)

NAMI – National Alliance on Mental Illness

Family Support and Education Programs

*Free, family-led family support programs open to
family members, friends, partners, and
other caregivers of people with a mental health
condition or experiencing mental health
symptoms*

<https://Namimass.org/family/>

Financial Literacy/ Employment

Quincy

Interfaith Social Services – Career Closet

Free professional attire for low-income job seekers

Careercloset@interfaithsocialservices
for appointments
<https://interfaithsocialservices.org/career-closet/>

Liberty Bay Credit Union

Financial literacy education, discounted rates, and financial resource information

300 Granite Street, 3rd Floor, Braintree, MA
02184

Kelly Amato, VP Business Development &
Community Partnerships

Kamato@lbcu.org

(617) 694-4999

<https://info.lbcu.org/grow-membership-and-loans-with-trusted-segs-solutions-liberty-bay-cu>

MassHire Career Center

Workforce Development services and resources

1515 Hancock Street, Suite 101, Quincy, MA
02169

(617) 745-4000

<https://masshiress.com/>

Unemployment assistance: Thursday 8:30am –
4:30pm by appointment only

(617) 745-4000 x 0 or in person

Quincy Community Action Program – Financial REACH Center

Helps clients with budgeting, debt reduction, credit education and coaching, job search support, help with resumes and cover letters, interview preparation and career coaching, all for free.

QCAP Main Office

1509 Hancock Street, 2nd Floor,

Quincy, MA 02169

(617) 657-5355

Quincy Community Action Program – Volunteer Income Tax Preparation

QCAP Main Office

1509 Hancock Street, 2nd Floor,

Quincy, MA 02169

(617) 657-5345 twhittaker@qcap.org

Santander Quincy

Run periodic deals for students

1150 Hancock Street, Quincy, MA 02169

<https://locations.santanderbank.com/ma/quincy/1150-hancock-street-704.html>

Financial Literacy/ Employment (continued)

Plymouth

MassHire Career Center of Greater New Bedford

25 Elm Street, New Bedford, MA 02740
Jacquelin Sylvia (508) 979-1504 x 104
<https://masshiregreaternewbedford.com/masshire-gnb-career-center-home/>

Members Plus Credit Union

53 Commerce Way, Plymouth, MA 02360
(508) 503-6129
<https://www.memberspluscu.org/branch/plymouth-commerce-way/>

SCORE SE Massachusetts

Resources and mentoring for small businesses
Metro South Chamber of Commerce
60 School Street, Brockton, MA 02301
(508) 587-2673
[https://Score.org/ma/se-massachusetts/contact-us/\(617\) 745-4000 x 0 or in person](https://Score.org/ma/se-massachusetts/contact-us/(617)745-4000x0orinperson)

South Shore Community Action Council – Volunteer Income Tax Preparation

SSCAC Main Office
71 Obery Street, Plymouth, MA 02360
(774) 283-6254
<https://Sscac.org/free-taxes>

Massachusetts/ Nationwide

Boston Tax Help Coalition

<https://www.boston.gov/departments/center-working-families/worker-empowerment/boston-tax-help-coalition>
[https://Freetaxhelp@boston.gov](mailto:Freetaxhelp@boston.gov)

Dress for Success Boston

Professional attire and career support for women
989 Commonwealth Avenue, Boston, MA 02215
(617) 779-2177
<https://boston.dressforsuccess.org/>

JVS Boston

Job training, career services, financial education programs
75 Federal Street, 3rd Floor, Boston, MA 02110
(617) 399-3131
<https://www.jvs-boston.org/our-services/>

Personal Financial Wellness Resources

Digital financial education, workshops and coaching
The Office of Economic Empowerment
1 Ashburton Place, 12th Floor, Boston, MA 02108
(617) 367-6900
Empowerment@tre.state.ma.us
<https://www.mass.gov/info-details/personal-financial-wellness-resources>

Food Resources

Quincy

Good Neighbors NE Food Pantry

Monthly food distribution based out of St Chrysostom's Church

1 Linden Street, Quincy, MA 02170

Goodneighborsne@gmail.com

Interfaith Social Services

Food Pantry, provides diapers, menstrual hygiene items, personal care items, and petfood when available. Serves residents of Braintree, Cohasset, Hingham, Holbrook, Hull, Milton, Quincy, Randolph, Scituate, Weymouth

Monday-Friday 10-11:45 and Wednesday evenings

by appointment only

105 Adams Street, Quincy, MA 02169

<https://interfaithsocialservices.org/food/>

Quincy Community Action Program (QCAP)

Food pantry and community space, offers SNAP application assistance, food delivery, menu planning and budgeting

Monday, Tuesday, Thursday, Friday 9-4:30,

Wednesday 11-6:30

Food and Nutrition Programs

18 Copeland Street, Quincy, MA 02169

(617) 471-0796

<https://Food@qcap.org>

Quincy DTA Office

Apply for EBT, SNAP, TAFDC and EAEDC

1515 Hancock Street, Suite 105, Quincy, MA 02169

(617) 249-8200

<https://www.mass.gov/locations/dta-quincy-transitional-assistance-office>

Quincy WIC Program

Provides nutrition, health education, food, lactation support and other services

300 Crown Drive, Quincy, MA 02169

(617) 376-8701

88 Holmes Street, Quincy, MA 02171

(617) 318-3219

<https://www.bamsi.org/bamsi-kids/wic/>

Food Resources (continued)

Plymouth

Brockton WIC Program

795 Pleasant Street, Brockton, MA 02301

(508) 588-8241

<https://www.bamsi.org/bamsi-kids/wic/>

Plymouth DTA Office

Apply for EBT, SNAP, TAFDC and EAEDC

60 Main Street, Brockton, MA 02301

(508) 895-7000

<https://www.mass.gov/locations/dta-brockton-transitional-assistance-office>

Salvation Army Plymouth Corps

52 Long Pond Road, Quincy, MA 02360

(508) 746-1559

Envoy Anne Rich: anne.rich@use.salvationarmy.org

South Shore Community Action Council – Food Pantry and Meal Program Partners

Check this list for updated information on food pantries and food distribution by town or organization

<https://Sscac.org/meal-program-partners>

Health Contacts

Quincy

American Family Care Clinic

Urgent care and walk-in clinic

485 Granite Street, Braintree, MA 02184

(781) 848-2273

<https://www.afcurgentcare.com/braintree/>

Quincy Health Department

440 East Squantum Street, Quincy, MA 02171

(617) 376-1275

<https://www.quincyma.gov/departments/health/index.php>

South Shore Medical Center

1495 Hancock Street, Quincy, MA 02169

(781) 878-5200

<https://www.southshorehealth.org/locations/south-shore-medical-centerquincy>

Manet Community Health Center, Inc

Preventive, primary care and integrated behavioral health services regardless of financial status or health insurance coverage

<https://www.manetchc.org/>

Houghs Neck

1193 Sea Street, Quincy, MA 02169

(617) 471-8683

Manet at Father Bill's Housing Resource Center

39 Broad Street, Quincy, MA 02169

(857) 358-7280

North Quincy

110 West Squantum Street, Quincy, MA 02171

(617) 376-3000

Snug Harbor

9 Bicknell Street, Quincy, MA 02169

(617) 471-4715

Health Contacts (continued)

Plymouth

Beth Israel Deaconess Plymouth

275 Sandwich Street, Plymouth, MA 02360
(508) 732-1780
<https://bidplymouth.org/>

Harbor Community Health Center – Plymouth

10 Cordage Park Circle, Plymouth, MA 02360
(508) 778-5470
<https://hhsi.us/locations/harbor-community-health-center-plymouth/>

Manet Community Health Center

180 George Washington Boulevard,
Hull, MA 02045
(781) 925-4550
<https://www.manetchc.org/hull/>

Public Health – Plymouth

26 Court Street, Plymouth, MA 02360
(508) 322-3339
publichealth@plymouth-ma.gov
<https://www.plymouth-ma.gov/506/Public-Health>

South Shore Health Urgent Care

59 Long Pond Road, Plymouth, MA 02360
(781) 626-5180
<https://www.southshorehealth.org/>

Massachusetts/Nationwide

911

nationwide 24/7 emergency services

Mass211

24/7 statewide help line

Housing Resources

Quincy

City of Quincy Office of Healthy Homes

Programs for lead abatement, housing rehab, first time homebuyer and more

34 Coddington Street, Quincy, MA 02169

Lap@quincy.a.gov

(617) 376-1054

<https://www.officeofhealthyhomes.org/>

Father Bill's and MainSpring

Programs that provide emergency and supportive housing

Yawkey Housing Resource Center

39 Broad Street, Quincy, MA 02169

(617) 770-3314

<https://helpfbms.org>

Youth Services Program (18-24) - Kantara Myers

kmyers@helpfbms.org

Interfaith Social Services – HomeSafe Program

Financial assistance and homelessness prevention for residents of Braintree, Cohasset, Hingham, Holbrook, Hull, Milton, Quincy, Randolph, Scituate, and Weymouth

105 Adams Street, Quincy, MA 02169

(617) 773-6203 x 16

<https://interfaithsocialservices.org/homesafe/>

Quincy Community Action Programs, Inc (QCAP)

Variety of assistance and services for securing and stabilizing housing

1509 Hancock Street, 3rd Floor, Quincy, MA 02169

(617) 657-5376

Housinginfo@qcap.org

<https://www.qcap.org/our-programs/housing-programs/>

Quincy Housing Authority

Creating and sustaining safe, decent, affordable housing for low-income people

80 Clay Street, Quincy, MA 02170

(617) 847-4350

Info@quincyha.com

<https://www.quincyha.com/>

NeighborWorks Housing Solutions

Develops housing and provides resources and education

422 Washington Street, Quincy, MA 02169

(617) 770-2227

<https://nhsmass.org/>

Housing Resources (Continued)

Plymouth

NeighborWorks Housing Solutions

Develops housing and provides resources and education

169 Summer Street, Kingston, MA 02364
(781) 422-4200
<https://nhsmass.org/>

Plymouth Area Coalition for the Homeless

Provides shelter, food, and educational resources to families

149 Bishope's Highway, Kingston, MA 02364
(781) 582-2010
Info@plymouthareacoalition.org
<https://plymouthareacoalition.org/>

Plymouth Housing & Community Development

26 Court Street, Plymouth, MA 02360
(508) 322-3319
<https://plymouth-ma.gov/255/Housing-Community-Development>

Plymouth Taskforce to End Homelessness

PO Box 3896, Plymouth, MA 02361
(508) 367-0516
<https://plymouth-taskforce-homeless.org/>

Massachusetts/Nationwide

Bridge Over Troubled Waters

Services for runaway, homeless and high risk youth (14-24)

47 West Street, Boston, MA 02111
24/7 (617) 423-9575
Bridge@bridgeotw.org
<https://bridgeotw.org/>

Executive Office of Housing and Livable Communities

Supports programming for individuals and families experiencing homelessness

100 Cambridge Street, Suite 300, Boston, MA 02114
(617) 573-1100
<https://www.mass.gov/orgs/executive-office-of-housing-and-livable-communities>

Pine Street Inn

Comprehensive services for homeless population

444 Harrison Avenue, Boston, MA 02118
(617) 892-9100
Info@pinestreetinn.org
<https://www.pinestreetinn.org/>

Residential Assistance for Families in Transition (RAFT)

Fund for income-eligible households for rent and utility arrears

<https://www.mass.gov/how-to/apply-for-raft-emergency-help-for-housing-costs>

South Shore Continuum of Care – South Shore Network to End Homelessness

<https://Southshorecoc.org>

Immigration Services

Quincy

Association of Haitian Women in Boston (AFAB)

Provide a wide array of programs and services to support women and children impacted by domestic violence

330 Fuller Street, Dorchester, MA 02124

(617) 287-0096

Info@afab-kafanm.org

<https://Afab-kafanm.org>

Association of Haitian Women in Boston (AFAB)

Social, cultural, economic and civic services for immigrants and their families

275 Hancock Street, Suite 205,

Quincy, MA 02171

Info@quincyasianresources.org

(617) 472-2200

<https://Qarius.org>

DotHouse Health

Comprehensive health and community programs in English, Vietnamese, Spanish and Cape Verdean Creole, among other languages.

1353 Dorchester Avenue, Dorchester, MA 02122

(617) 288-3230

<https://www.dorchesterhouse.org/index.html>

Plymouth

Community Action Committee of Cape Cod & Islands – Immigration Resource Center

372 North Street, Hyannis, MA 02601

(508) 771-1727

Info@cacci.cc

<https://www.cacci.cc/programs/immigration-resource-center/>

Immigration Services (Continued)

Massachusetts/Nationwide

Boston Center for Refugee Health & Human Rights

Connecting refugees and immigrants to full spectrum of medical, mental health, and social services

801 Massachusetts Avenue, 1st Floor,
Boston, MA 02119
(617) 414-1994
<https://Bmc.org/immigrant-refugee-health-center>

Catholic Charities of Boston – Refugee and Immigrant Services

275 West Broadway, Boston, MA 02127
(617) 464-8500
<https://Ccab.org/refugee-immigrant-services/>

JVS Boston

English 2 Employment program – learn English and gain job skills

75 Federal Street, 3rd Floor, Boston, MA 02110
(617) 399-3131
<https://www.jvs-boston.org/our-services/immigrant-programs/>

Massachusetts Immigrant and Refugee Advocacy Coalition (MIRA)

Coalition promoting the rights and integration of immigrants and refugees

69 Canal Street, 3rd Floor, Boston, MA 02114
Helpline: (508) 293-1871
<https://miracoalition.org/news/immigration-helpline/>

Massachusetts Office for Refugees and Immigrants (ORI)

Promotes the full participation of refugees and immigrants in Massachusetts

1 Ashburton Place, 5th Floor, Boston, MA 02108
(617) 727-7888
<https://www.mass.gov/orgs/office-for-refugees-and-immigrants>

Political Asylum/Immigration Representation Project (PAIR)

Provides free immigration services to indigent asylum seekers and detained immigrants

(617) 742-9296
<https://pairproject.org/gethelp>
Info@pairproject.org

Legal Services

Quincy

Norfolk County Bar Association Legal Referral Service

420 Washington Street, Suite 304, Braintree,
MA 02184

(617) 471-9693

Admin@norfolkbarassn.org

https://www.norfolkbarassn.org/referral_service.php

Plymouth

Plymouth County Bar Association

PO Box 7303, Brockton, MA 02303

(617) 899-3997

[https://www.plymouthcountybar.com/content.aspx-
?page_id=4&club_id=16544](https://www.plymouthcountybar.com/content.aspx-?page_id=4&club_id=16544)

Massachusetts/Nationwide

Greater Boston Legal Services (GBLS)

*Free legal assistant and representation
on civil matters*

197 Friend Street, Boston, MA

(617) 371-1234/(800) 323-3205

<https://Gbls.org>

South Coastal Counties Legal Services – Brockton Law Office and Justice Center of Southeast Massachusetts

62 Main Street, Brockton, MA 02301

Law Office: (508) 484-5050

Justic Center: (508) 586-2110

<https://sccls.org/>

Victim Rights Law Center

*Provides free legal services for sexual assault vic-
tims with civil legal issues*

11 Beacon Street, Suite 520, Boston, MA 02108

(617) 399-6720

<https://Victimrights.org>

Mass Legal Help

Free information about legal rights
in Massachusetts

<https://Masslegalhelp.org/about/contact-us>

LGBTQIA+ Services

Quincy

Quincy Pride

Advocacy for LGBTQIA+ families and residents

PO Box 224, North Quincy, MA 02171

Qpride@quincypride.com

<https://quincypride.com/>

Plymouth

BAMSI's Transgender Community Outreach Resources & Empowerment (TCORE) Program

Provides gender-affirming health navigation and resources to the South Shore

10 Christy's Drive, Brockton, MA 02301

(774) 568-7503

Emmaallard@bamsi.org

[https://www.bamsi.org/bamsi-community/](https://www.bamsi.org/bamsi-community/trans-community-outreach-resources-and-empowerment/)

[trans-community-outreach-resources-and-empowerment/](https://www.bamsi.org/bamsi-community/trans-community-outreach-resources-and-empowerment/)

South Coast LGBTQ+ Network

Case management, home visiting, mentoring and other services

New Bedford, Fall River, Taunton offices – serving greater South Coast community

(774) 775-2656 (New Bedford and Fall River), (508)

264-0584 (Taunton)

Info@sclgbtqnetwork.org

<https://www.sclgbtqnetwork.org/>

LGBTQIA+ Services (Continued)

Massachusetts/Nationwide

Boston GLASS

Services for LGBTQ+ youth (13-25) of color & their allies

555 Amory Street, Suite 3, Boston, MA 02130

(978) 604-6937 (call or text)

<https://Jri.org/?program=boston-glass>

Chiltern Mountain Club – New England’s LGBTQI+ outdoors club

<https://www.meetup.com/chiltern/>

Fenway Health

Rooted in LGBTQIA+ community & racial justice, they provide primary care, reproductive health/OBGYN, transgender health, sexual health, behavioral health, eye care & dental care

Ansinn Building, 1340 Boylston Street, Boston, MA 02215

(617) 927-6000 for appointments

Specific services include but are not limited to:

- Family and Parenting Services for LGBT parenting

(617) 927-6243)

- LGBTQIA+ Cancer Support (617) 332-5777

- Trans Health Program and Gender-Affirming Care

(617) 927-6000

<https://transhealth@fenwayhealth.org>

- Violence Recovery Program for LGBT community

(617) 927-6250

- Sexual Health Clinic (STI/HIV/Hep C testing and treatment, same day PrEP initiation and

Doxy PEP (617) 267-0159

Lambda Legal Help Desk

Resource for general legal information relating to discrimination based on sexual

orientation, gender identity and expression, and HIV status

<https://lambdalegal.org/helpdesk/#contact>

LGBT National Help Center

Hotlines and connections to local resources

LGBT National Hotline: (888) 843-4564

LGBTnearme.org - local resources nationwide

Lgbthotline.org

The Network/La Red

Survivor-led organization working to end partner abuse in LGBTQ+ communities

PO Box 6011, Boston, MA 02114

24/7 hotline: (800) 832-1901

Info@tnlr.org

<https://www.tnlr.org/en/>

The Network/La Red

Survivor-led organization working to end partner abuse in LGBTQ+ communities

PO Box 6011, Boston, MA 02114

24/7 hotline: (800) 832-1901

Info@tnlr.org

<https://www.tnlr.org/en/>

Trans Lifeline

Provides trans peer support by and for trans people

24/7 (877) 565-8860

<https://Translifeline.org>

The Trevor Project

24/7 services for LGBTQ young people

(866) 488-7386 or text 678-678

Chat via <https://thetrevorproject.org>

United States Gay Sports Network – Boston

24/7 services for LGBTQ young people

(866) 488-7386 or text 678-678

Chat via <https://thetrevorproject.org>

Military & Veterans Resources

Quincy

MassHire Veterans Services

1515 Hancock Street, Suite 101, Quincy, MA 02169
(617) 745-4000
<https://masshiress.com/veteran-services/>

Quincy VA Clinic

Outpatient primary care

110 West Squantum Street, Quincy, MA 02171
(800) 865-3384
<https://www.va.gov/boston-health-care/locations/quincy-va-clinic/>

Veteran Services Officer –

Quincy: Christine Cugini

24 High School Avenue, Quincy, MA 02169
(617) 376-1193
<https://Ccugini@quincyma.gov>

Plymouth

Housing Outreach-to-Placement Effort (HOPE) Program

Housing assistance for veterans in Plymouth, Barnstable, Dukes, and Nantucket counties
(617) 390-0280
Jennifer O'Brien, jobrien@voamass.org
(857) 291-5619

Plymouth Area Veterans Center

Veterans' services including behavioral health, clinical treatment, social, educational, community events
20 north Park Avenue, Plymouth, MA 02360
(617) 390-0280
<https://Pavc@voamass.org>

Plymouth VA Clinic

Outpatient primary care and specialty services
116 Long Pond Road, Plymouth, MA 02360
(800) 865-3384
<https://www.va.gov/boston-health-care/locations/plymouth-va-clinic/>

Veteran Services Officer –

Plymouth: Roxanne Whitbeck

26 Court Street, Plymouth, MA 02360
(508) 747-1620 x 10172
<https://Rwhitbeck@plymouth-ma.gov>

Military & Veterans Resources (Continued)

Massachusetts

BrightonOne

Integrated veteran services campus combining healthcare, housing, financial support, and community resources

77 Warren Street, Brighton, MA 02135
(617) 903-3107
<https://www.brightonone.org/>

Company 2 Heroes

Service dog training program that works with veterans to train their own dog or rescue

(508) 694-3766
<https://Info@company2heroes.org>

Department of Labor Veterans' Employment and Training Service

600 Washington Street, Boston, MA 02111
(617) 210-5480
Mdvs@state.ma.us
<https://Massvetsadvisor.org>

Department of Veterans' Services of Massachusetts

Mission is to assist Americas veterans through a combination of online gaming, recreational activities, peer support, and advocacy. It's our intent to reduce suicide by fostering an all-inclusive veteran community

77 Warren Street, Building 2 Room 107 & 109
Boston, MA 02135
(617) 792-1765

Father Bill's and MainSpring – Veterans Program (serving the South Shore)

(508) 418-6694
<https://Veterans@helpfbms.org>

Disabled American Veterans Massachusetts

Supporting disabled veterans

State House, Room 546, Boston, MA 02133
(617) 727-2974
Inquiry@davma.org
<https://davma.org/>

Executive Office of Veterans Services

Oversees programs and services of MA veterans, including Chapter 115 benefits

One Bowdoin Square, 15 New Chardon Street,
Suite 400, Boston, MA 02114
(617) 210-5480
[https://www.mass.gov/orgs/executive-of-fice-of-veterans-services](https://www.mass.gov/orgs/executive-office-of-veterans-services)

Hellfish Haven

Veteran peer support community powered by gaming

50 Ledgeview Way, Wrentham, MA 02093
(617) 792-1765
<https://hellfishhaven.org/home>

Home Base National Center of Excellence

Provides direct clinical care, wellness, education and research to veterans, service members, military families, and families of the fallen

One Constitution Wharf, Suite 140, Charlestown,
MA 02129
(617) 724-5202
<https://Homebaseprogram@partners.org>
<https://homebase.org/programs/get-care/>

Military & Veterans Resources (Continued)

Massachusetts Military Support Foundation

Delivers programs, services and goods to address the needs and well-being of veterans, active-military, and their families

Sandwich Empowerment Center, 117 Route 6A,
Sandwich, MA 02652

(774) 562-8746

Info@mmsfi.org

<https://mmsfi.org/>

NEADS Service Dogs

Trains service dogs for veterans with PTSD or disabilities

PO Box 1100, Princeton, MA 01541

(978) 422-9064

<https://neads.org/contact/>

New England Center and Home for Veterans

Housing and serving veterans who are at-risk of homelessness

17 Court Street, Boston, MA 02108

24/7: (617) 371-1800

<https://nechv.org/>

The Salute Military Golf Association

New England

Provide rehabilitative golf programs, experiences, and opportunities for post 9/11 wounded war veterans

(978) 758-0011

Jerrys@smgaboston.org

<https://www.smganewengland.org/>

VA's Homeless Veteran Hotline

(877) 424-3838

General VA Assistance Hotline

(877) 4AID VET (877-424-3838)

Veteran Crisis Line

PO Box 1100, Princeton, MA 01541

Call 988 press 1

Text 838255

Chat online: <https://www.veteranscrisisline.net/get-help-now/chat/>

Veterans, Inc

Support veterans and their families with a national referral hotline and direct care

69 Grove Street, Worcester, MA 01605

(800) 482-2565

Info@veteransinc.org

<https://www.veteransinc.org/>

Veteran Pathways of New England

Comprehensive services for veterans & their families

84 Antietam Street, PO Box 2073,
Devens, MA 01434

(978) 384-8800

<https://www.veteranpathwaysne.org/>

VETRN

Six-month online entrepreneurship program for veterans and family members to grow their small business

Info@vetrn.org

<https://Vetrn.org>

Personal Safety

Quincy

DOVE

Free, confidential comprehensive services for victims of dating and domestic violence and their families

Hotline: (617) 471-1234

Counseling services intake: (617) 770-4065 x 300

Legal services intake: (617) 770-4065 x 400

Info@dovema.org

<https://www.dovema.org/>

Quincy Police Department Domestic Violence Advocate

Danielle Mickey (617) 745-5863

Health Imperatives

Supporting survivors of trauma, domestic violence or sexual exploitation with housing, economic security, restraining orders and other services

24/7 sexual violence hotline:

(508) 588-8255 or (888) 293-7273

Located at the Quincy Police Department every Wednesday for free, confidential crisis and advocacy services

1305 Hancock Street, Quincy, MA 02169

Plymouth

A New Day

(Sexual Assault and Rape Crisis Center)

Free assistance to survivors of sexual assault or trafficking

950 West Chestnut Street, Brockton, MA 02301

(508) 588-2045

<https://healthimperatives.org/support-for-survivors/sexual-assault-and-rape-crisis-center/>

South Shore Resource and Advocacy Center

Free, confidential support, advocacy, prevention and educational programs for victims of domestic violence

24/7 hotline: (508) 746-2664

Info@ssrac.org

<https://hptc.org/ssrac/>

Massachusetts/Nationwide

Asian Task Force Against Violence

Serving Asian domestic violence survivors in Greater Boston and Lowell areas, services provided in many Asian languages

24/7 multilingual hotline: (617) 338-2355

Office: (617) 338-2350

Info@atask.org

<https://www.atask.org/>

Boston Area Rape Crisis Center

Free, confidential services to empower and heal all survivors of sexual violence

24/7 hotline: (800) 841-8371

Web chat hotline:

<https://pwp.helplineoftware.com/incomingChat?orgId=ty7vDEaWc5UxRMIMEF4W>

Boston Office (Casa Myrna) 451 Blue Hill Avenue, Boston, MA 02121

Personal Safety (Continued)

Massachusetts/Nationwide (Continued)

Casa Myrna

Boston's largest provider of shelter and supportive services to survivors of domestic violence, free of charge

<https://casamyrna.org/get-support/>

HAVEN at Massachusetts General Hospital

Variety of services to help all survivors of intimate partner abuse

Boston office: (617) 724-0054

<https://www.massgeneral.org/social-service/HAV-EN/contact>

Jane Doe Inc: Massachusetts Coalition Against Sexual Assault and Domestic Violence

Provides resources for survivors of assault and abuse throughout Massachusetts

https://www.janedoe.org/find_help/

Family Justice Center

Community of agencies providing services to individuals and families in Greater Boston who have been affected by and/or exposed to domestic violence, sexual assault, child sexual abuse, or human trafficking/commercial sexual exploitation

989 Commonwealth Avenue, Boston, MA 02215

(617) 779-2100

Info@bphc.org

<https://www.boston.gov/government/cabinets/boston-public-health-commission/violence-prevention/dee-kennedy-justice-center>

National Domestic Violence Hotline 24 Hour Hotline

(800) 799-SAFE (7233)

Text: START to 88788

Massachusetts Office for Victim Assistance (MOVA)

Support for victims' rights and survivors

1 Ashburton Place, Suite 1310, Boston, MA 02108

(617) 586-1340

MOVA@mass.gov

<https://www.mass.gov/orgs/massachusetts-office-for-victim-assistance>

National Safe Place TXT 4 Help

Text: safe to 4HELP (44357)

National Sexual Assault Hotline

(800) 656-HOPE

SafeLink Domestic Violence Hotline (operated by Casa Myrna, multilingual)

(877) 785-2020

Transportation

Massachusetts

GATRA Dial-A-Ride

Curb transportation service to seniors or persons with a disability (serves Plymouth and other towns)

<https://www.gatra.org/dial-a-ride/>

Human Service Transportation Office

Oversees services for EOHHS consumers to access medical, social, and day services

100 Hancock Street, 8th Floor, Quincy, MA 02171
(617) 847-3427

<https://www.mass.gov/orgs/human-service-transportation-office>

Massachusetts Bay Transportation Authority

Commuter rail, subway lines, bus routes, ferry routes, the RIDE

<https://www.mbta.com/>

MassMobility

Initiative to increase mobility for older adults, people with disabilities, veterans, low-income commuters and others who lack transportation

Massmobility@dot.state.ma.us

<https://www.mass.gov/orgs/massmobility>

Plymouth & Brockton Bus

(508) 746-0378

<https://www.p-b.com/>

The RIDE

Paratransit service providing door-to-door, shared-ride public transportation to people who can't use the subway, bus, or trolley all or some of the time (serves Quincy and other towns)

<https://www.mbta.com/accessibility/the-ride>

Transportation Access Pass (TAP) Reduced Fare

Reduced MBTA fares for people with disabilities and Medicare cardholders

<https://www.mbta.com/fares/reduced/transportation-access-pass>

Submit a Resource Listing

Have a community resource to share?

Please submit your company/business name and all applicable contact information to be considered for next year's publication to **Kate Deming** at kdeming@quincycollege.edu

Resource Members & Board of Governors

Community Resource Members

Meghan Giovannoni

*Vice President of Student
Success & Partnerships*

David Huynh

Assistant Director of Military & Veterans Services

Cathie Maloney

Dean of Plymouth Campus

Kawinaratt Rungruenthitikul

Academic Services Senior Officer, International

Eli Stewart

ECHS College Transition Coach

Melissa Lord

Student Program and Wellness Coach

Kate Deming

Student Wellness Counselor

Community Advisory Committee

Philip Chong

Chair

Dorothy F. (Dolly) Di Pesa

Vice Chair

Donald MacKinnon

David Mahoney

Kyle Swist

Board of Governors

Christopher N. Carroll, Esq.

Chair

Frank C. Santoro

First Vice Chair

Honorable Robert W. Harnais, Esq.

Second Vice Chair

Eileen Bevivino-Lawton

Robert C. Chambers

Philip Chong

Katherine P. Craven

Dorothy F. (Dolly) Di Pesa

George Hardiman, Esq.

Sean Galvin

Donald MacKinnon

David Mahoney, Esq.

Kyle Swist

*“Learning is not attained
by chance, it must be sought
for with ardor and attended
to with diligence.”*

Abigail Adams

QUINCY COLLEGE

QUINCY COLLEGE

Let's get to work.