Welcome from the President

In an effort to better support and care for you, Quincy College has created this Community Resource Guide. This guide provides contact information of organizations within the community that are committed to supporting you as a Quincy College student.

The purpose of this guide is to help you identify and secure resources that will contribute to your academic success and social well-being throughout your time at Quincy College and beyond. This guide has been created by a team of committed Quincy College staff who aim to build community partnerships based on identified students’ needs.

We look forward to helping you connect to and utilize these resources in an effort to promote holistic development, academic success, and improved social well-being.

Sincerely,

Richard DeCristofaro, Ed. D.
Quincy College President
# Campus Contacts

<table>
<thead>
<tr>
<th>Quincy Campus</th>
<th>Plymouth Campus</th>
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<tbody>
<tr>
<td>(617) 984-1700</td>
<td>(508) 747-0400</td>
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<th>Service</th>
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<td>Administrative Services &amp; Facilities</td>
<td>(617) 984-1798</td>
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<td>Admissions</td>
<td>(617) 984-1710</td>
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<tr>
<td>Advising</td>
<td>(617) 984-1720</td>
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<tr>
<td>Bookstore</td>
<td>(617) 405-5952</td>
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<tr>
<td>Business Office</td>
<td>(617) 984-1630</td>
<td>Fax: (617) 984-1744</td>
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<td>Financial Aid</td>
<td>(617) 984-1620</td>
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<tr>
<td>Help Desk</td>
<td>(617) 984-1699</td>
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<td>Innovation Hub</td>
<td>(617) 405-5917</td>
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<tr>
<td>International</td>
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<td>Fax: (617) 984-1616</td>
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<td>Library</td>
<td>(617) 984-5949</td>
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<tr>
<td>Military &amp; Veterans Services</td>
<td>(617) 984-1643</td>
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<tr>
<td>Registrar</td>
<td></td>
<td>Fax: (617) 984-1794</td>
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<tr>
<td>Public Safety: Plymouth</td>
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<td>Ext. 1662</td>
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<tr>
<td>Public Safety: Quincy</td>
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<td>Ext. 5111</td>
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<tr>
<td>Student Accessibility Services</td>
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<td>Fax: (617) 984-1792</td>
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<td>Student Development</td>
<td>(617) 984-1682</td>
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Addition & Detox Services

Quincy and Plymouth

Northeast Addictions Treatment Center
Addiction Treatment Center
36 Miller Stile Road. Quincy, MA 02169
1-855-265-2159
After hours line: 1-800-851-1941

Accepted insurances: Insurance verified upon outreach call for services.

Gavin Foundation/ Gavin Quincy ATS/CSS
Addiction and Detox Services
43 Old Colony Avenue. Quincy, MA 02170
617-845-5785

Adcare
Addiction Treatment Services
1419 Hancock St. Suite 301 Quincy, MA 02169
1-866-578-1043
Adcare.com

Fortitude Counseling and Recovery Center
Counseling and Recovery Services
69 Holmes St. North Quincy, MA 02171
617-481-8991

Insurances accepted: Tufts, Cigna, TRICARE, Medicare, Value Options, United Health Care, Harvard Pilgrim Healthcare, Employee Assistance Programs, BCBS- all plans, Mass Health- MBHP and Network Health, Tufts Network Health.

Fenway Health–Substance Abuse Treatment Programs
LGBTQ clients, Spanish Speaking Services
1340 Boylston St. Boston, MA 02215
617-267-0900

Insurances Accepted: Medicaid, Medicare, Private Health Insurance, State Insurance, TRICARE, sliding fee scale available.

High Point Treatment Center
Addiction and Detox Services: Spanish and Portuguese speaking services
1233 State Road. Plymouth, MA 02360
Laurie Holmes, Nurse Manager: 508-224-7701, lholmes@hptc.org

Insurances Accepted: Medicaid, Medicare, State Insurance, TRICARE.
Sliding pay scale not available.

Anchor House
(LGBTQ and Veteran Clients) Addiction Services
60 ½ Cherry St. Plymouth, MA 02360
508-746-6654 ext. 12

Insurances Accepted: Medicaid.
Sliding scale for payment without insurance.

Clean Slate Centers
Addiction Services
46 Obey St. Plymouth, MA 02360
413-341-1780

Insurances Accepted: Medicaid, Medicare, Private Insurance, State Insurance, TRICARE.

Massachusetts Substance Use Helpline
Local counseling and treatment options from the state’s referral service.
1-800-327-5050

SAMHSA National Helpline
Hotline to provide referrals to local treatment options Available in English and Spanish,
24/7, 365 days.
1-800-662-4357
Counseling Services

**Aspire Health Alliance**
*Behavioral health services*
460 Quincy Avenue Quincy, MA 02170
Intake Line- 617-847-1914
Crisis Line- 617-774-6036 (24/7, 365 days)
Aspirehealthalliance.org
Insurances accepted: Verified upon intake.

**Mass Bay Counseling**
Provides psychological counseling and psychotherapy services
21 Thomas McGrath Highway
Suite 202 Quincy, MA 02169
617-786-0137
massbaycounselingquincy.com
Insurances accepted: Most accepted, insurance verified at time that referral is processed.

**Bay State Community Services**
*Outpatient counseling*
1120 Hancock St. Quincy, MA 02169
617-471-8400
Insurances accepted: Most insurances accepted, Mass Health.

**Maria Droste Services**
Outpatient mental health therapy and holistic therapy services
1354 Hancock St. Suite 209 Quincy, MA 02170
617-471-5686
mariadrotesteservices.org
Insurances accepted: Allways, BCBS, Harvard Pilgrim, Magellan, Optum, Tufts, United Healthcare. Sliding scale of payment is offered if no insurance. Clinician/therapist will be assigned within 2 weeks of the completion of the intake date.

**Evergreen Counseling – Rachel Follis, LMHC**
*Individual Counseling*
175 Derby St. Suite 38 Hingham, MA 02043
1-339-204-9706
Insurances accepted: Allways, BCBS, Harvard Pilgrim, Blue Cross, Optum, United Healthcare-UHC/UBH

**Psychology Associates**
323 Court St. Plymouth, MA 02360
508-747-2718
info@psyc-associate.com
Insurances accepted: Most major insurances accepted, intake coordinator will verify your insurance. Contact main number or email and intake coordinator will assist you in scheduling an intake appointment.

**Interfaith Social Services- New Directions Counseling Center**
*Counseling and support services to individuals and families*
105 Adams Street. Quincy, MA 02169
617-773-6203 ext 12
Interfaithsocialservices.org
Insurances accepted: Most major insurances accepted and sliding pay scale is available for those without insurance. Initial appointment is offered within two weeks of outreach.

**Northeast Health Services and Duxbury Counseling**
*Provides comprehensive outpatient mental health services*
39A Industrial Park Drive. Plymouth, MA 02360
508-830-1444
Insurances accepted: Verified upon intake.
Association of Haitian Women in Boston
Provides DV services and general counseling services for women
330 Fuller St. Dorchester, MA 02124
617-287-0096
Insurances accepted: Verified upon intake.

Boston GLASS
Behavioral Health Services: LGBTQ and Spanish speaking
75 Amory St. Jamaica Plain, MA 02130
857-399-1920
Insurances accepted: Verified upon intake.

Behavioral Nutrition
Behavioral Therapy and Medical Nutrition Therapy for Eating Disorders. Individual Therapy, Intensive Outpatient Programs and Partial Hospitalization Programs
1266 Furnace Brook Parkway.
Suite 404 Quincy, MA 02169
617-595-7044
info@behavioralnutrition.org
Insurances accepted: (Behavioral counseling) Aetna - Out of Network, BCBS, Cigna - Out of Network, Fallon, GIC, Harvard Pilgrim, UBH/Value Options, NHP/Allways, Tricare, Tufts

NAMI Helpline
Support with information on mental health conditions, and various treatment options.
1-800-950-6264
Monday-Friday 10am-6pm

National Suicide Prevention Lifeline
1-800-273-8255
Monday-Friday 8:30am-7:30pm
Family Support

**Quincy Community Action Programs INC.- Head Start**
*Early care and education program that services low to moderate income families with children ages 15 months to 5 years old*
617-249-2000, qcaphs@qcap.org
22 Pray Street. Quincy, MA 02169
qcap.org

**Quincy Community Action Programs INC.- Braintree Family Network**
*Provides parenting workshops, playgroups, family events, and special children entertainers*
617-657-5369 or 617-657-5311
jrodeck@qcapp.org, mjoseph@qcapp.org
1509 Hancock Street. Quincy, MA 02169
qcapp.org

**Quincy Community Action Programs, INC.**
*Community care for children*
Lisa Davidson, 617-657-5305
1509 Hancock Street. 3rd Floor, Quincy, MA 02169
qcapp.org

**Nami-National Alliance on Mental Health**
*Provides guidance, support and advocacy throughout the Plymouth area on behalf of individuals and families affected by mental illness*
Kathleen Considine, Counselor
508-209-1124, kathleenconsidine535@gmail.com

**Boston Chinatown Neighborhood Center**
*Offering family support services and referrals*
Languages spoken: English, Cantonese and Mandarin.
617-770-0091
1458 Hancock Street. 3rd Floor, Quincy, MA 02169
bcnc.net

**Massachusetts Child Care Resource & Referral**
*Provides resources and referrals to meet childcare needs*
Kim Dion, Child Care Resources
508-796-1833, kdion@sevenhills.org
machildcareresourcesonline.org

**Plymouth KinderCare**
Kelly Hogan, Center Director
508-830-0817
24 Pilgrim Hill Road. Plymouth, MA 02360

**Quincy Family Resource Center**
*Provides services to help families access and navigate resources in the local community*
617-481-7227
1120 Hancock Street. 1st Floor South Entrance (off Johnson Avenue), Quincy, MA 02169
quincyfamilyrc.org

**Bay State Community Services, Inc**
*Mental health services*
508-830-3440, info@baystatecs.org
36 Cordage Park Circle. Plymouth, MA 02360
617-471-8400
1120 Hancock Street. Quincy, MA 02169
baystatecs.org
Members Plus Credit Union
Offering assistance with financial literacy through community programs and personalized assistance
Colin Scott, Branch Manager
508-503-6129, cscott@memberspluscu.org
53 Commerce Way. Plymouth, MA 02360
memberspluscu.org

MassHire Career Center
Career placement center provides services for job seekers through job listings, workshop training, job placement and veteran’s services
Cathy Folan, Director
617-745-4000, cfolan@masshiresouthshorecc.com
1515 Hancock Street. Quincy, MA 02169
617-376-5170
36 Cordage Park Circle. Suite 214 B, Plymouth, MA 02360
masshiresouthshorecc.com

Training Resources of America
Job training and education program
617-773-1470
1515 Hancock St. #205 Quincy, MA 02169
tra-inc.org

HarborOne Bank
Offers a wide range of classes, webinars and events tailored to help people and business owners better understand and manage their finances and their futures
Sarah Duprez
617-226-3715, sduprez@harborone.com
One Chestnut Place. Suite 1 Quincy, MA 02169
harborone.com

Financial REACH Center
Helps residents increase their income, build savings, and develop assets
Theresa Whittaker
617-657-5355, twhittaker@qcap.org
1509 Hancock Street. 2nd Floor Quincy, MA 02169

Eastern Bank
Offering services in financial literacy through Money Smart Program to help develop good money management skills and understanding financial services
Ivelisse Gonzalez, Vice President
781-598-8511 or 508-746-3300
108 Main Street. Kingston, MA 02364
easternbank.com

Quincy Credit Union
Offering services in financial literacy
Kellie Gillis, Financial Literacy Specialist/Business Development Representative
617-479-5558, gillisk@qcu.org
100 Quincy Ave. Quincy, MA 02169
qcu.org
Food Resources

Quincy Community Action Programs Inc. (QCAP)
Households can get monthly food orders containing fresh, frozen and non-perishable food, holiday food orders, diapers, formula, and toiletries
617-471-0796, malexander@qcap.org
1 Copeland Street. Quincy, MA 02169
qcap.org

South Shore YMCA Germantown
Neighborhood Center
Food pantry for family (Quincy resident only)
617-376-1384, sbouchard@ssymca.org
366 Palmer Street. Quincy, MA 02169-5911
ssymca.org

Interfaith Social Services
Food pantry
617-773-6203, info@interfaithsocialservices.org
105 Adams Street. Quincy, MA 02169
interfaithsocialservices.org/food/#foodassistance

Salvation Army
Provides emergency financial and housing assistance, along with food pantry
Captain Kyle Maynor
617-472-2345, Kyle.Maynor@use.salvationarmy.org
6 Baxter Street. Quincy, MA 02169
SalvationArmyMA.org/Quincy

Mayflower Community Outreach Nonprofit
Thrift Shop and Food Pantry
A resource where those in need are able to obtain food and clothing for all members of the household in meet the income criteria
774-707-5353
182 Standish Ave. Plymouth, MA 02360

Food Distribution Center/Food Pantry Partners
Accessible and convenient, community-based programs to assist neighbors in need. These partners assist in fighting to address food insecurity and nutritional risk
508-746-4959, Christ Church
149 Court Street. Plymouth, MA 02360

Quincy WIC Program
Provides nutrition, health education, healthy food and other services free of charge to pregnant and breastfeeding women and kids under age 5
617-376-8701, askwicquincy@bamsi.org
121 Whitwell Street. Quincy, MA 02169
88 Holmes Street. Quincy, MA 02171
wic.bamsi.org

Quincy DTA Office
Food stamp and walk-in help
617-249-8200
1515 Hancock Street. Suite 105. Quincy, MA 02169
mass.gov
Health Contacts

**Quincy Health Department**
617-376-1272
440 East Squantum Street. Quincy, MA 02171
Plymouth Public Health Department
508-747-1620 Ext. 10118
26 Court Street. Plymouth, MA 02360

**Manet Community Health Centers**

*Houghs Neck*
617-471-8683
1193 Sea Street. Quincy, MA 02169

*Hull*
781-925-4550
180 George Washington Blvd. Hull, MA 02169

*Snug Harbor*
617-471-4715
9 Bicknell Street. Quincy, MA 02169

*North Quincy*
617-376-3000
110 West Squantum Street. Quincy, MA 02169

**Manet Community Health Center- Community Outreach and Prevention Services**
617-993-0100
549 Washington Street. Quincy, MA 02169

**Harbor Community Health**
Affordable medical and dental assistance
508-778-5470
10 Cordage Park Circle. Plymouth, MA 02360

**South Shore Hospital**
781-624-8000
55 Fogg Road. South Weymouth, MA 02190
southshorehealth.org

**South Shore Medical Center**
617-826-0798
1495 Hancock Street. Quincy, MA 02169
southshorehealth.org

**Beth Israel Deaconess Hospital**
Sarah Cloud, Director of Social Work
508-746-2000, scloud@bidplymouth.org
275 Sandwich Street. Plymouth, MA
bidplymouth.org

**Compass Urgent Care**
Quincy Community Care Network
617-481-3100
54 Miller Street. Quincy, MA
steward.org

**Doctors Express Urgent Care**
Quincy Community Care Network
781-848-2273
485 Granite Street. Braintree, MA
steward.org
Housing Resources

Quincy Community Action Programs Inc. (QCAP)
Advocates for developing and managing affordable housing for low & moderate income families.  
617-657-5376, housinginfo@qcap.org  
1509 Hancock Street. 3rd Floor, Quincy, MA 02169  
qcap.org

Father Bill’s & Main Spring (Father Bill’s Place)
Program helps people who are homeless or at risk for homelessness to achieve self-sufficiency.  
Lisa McCarthy, Coordinator for Young Adult Program  
774-539-8636, lmccarthy@helpfbms.org  
38 Broad Street. Quincy, MA 02169  
helpfbms.org

Peggy Hall, Stabilization Manager  
774-539-8650, phall@helpfbms.org  
1 South Spooner Street. Plymouth, MA 02360  
memberspluscu.org

Pine Street Inn
Provides shelter, street outreach, emergency services, supportive housing, job training and connections to employment.  
617-892-9100, info@pinestreetinn.org  
444 Harrison Avenue. Boston, MA 02118  
pinestreeinn.org

Interfaith Social Services - Homelessness Prevention
Provides referrals and financial assistance for rental needs  
617-773-6203  
105 Adams Street. Quincy, MA 02169  
interfaithsocialservices.org

Friends of the Unborn
Provides for homeless, pregnant women as well as pregnancy counseling.  
617-786-7903  
P.O. Box 692246. Quincy, MA 02269  
friendsoftheunborn.org

Quincy Housing Authority  
617-847-4350  
80 Clay Street. Quincy, MA 02170  
quincyha.com

Plymouth Housing Authority  
508-746-2105  
130 Court Street. Plymouth, MA 02360  
plymouthha@plymha.org

City of Quincy Office of Constituent Services  
Assists residents of Quincy with housing resources.  
Director, Nicole Reppucci  
nreppucci@quincyma.gov, 617-376-1500  
1305 Hancock Street. Quincy, MA 02169

Plymouth Area Coalition - For the Homeless  
Supports Plymouth area residents to become self-sufficient by providing emergency shelter, skill building to enhance employment opportunities, housing search & stabilization & onsite support services  
Suzanne Giovanetti, 781-582-2010  
sgiovanetti@plymouthareacoalition.org  
149 Bishop's Highway. Kingston, MA 02364  
plymouthareacoalition.org

Plymouth Taskforce to End Homelessness  
508-367-0516  
PO Box 3896. Plymouth, MA 02361  
plymouth-taskforce-homeless.org
Veteran Service Office
Provides quality information, advocacy and assistance across the entire spectrum of Federal and Massachusetts benefits for veterans and their dependents; and offers a helping hand to anyone in the community in need of guidance or assistance in matters relating to military service
George Nicholson, Director
617-376-1192, gnicholson@quincyma.gov
24 High School Ave. Quincy, MA 02169

HomeBase Program
Veteran support services program
617-724-5202
One Constitution Wharf. Suite 140
Charlestown, MA 02129
homebase.org

Quincy VA Clinic
Quincy outpatient clinic
800-865-3384
110 West Squantum Street. Quincy, MA 02171
boston.va.gov

Plymouth VA Clinic
Plymouth outpatient clinic
800-865-3384
116 Long Pond Road. Plymouth, MA 02360

The Nathan Hale Foundation -
Veterans Outreach Center
Provide food pantries, rides to medical appointments, etc
Diane Ribeiro, 508-224-0100
116 Long Pond Road. Plymouth, MA 02360
thenathanhaleveteransoutreachcenter.com

Brighton Marine-
Veteran Network Community
Provides housing and on-site health services through various community partners through the coordinated veteran services
617-208-6227
77 Warren Street. Brighton, MA
brightonmarine.org

Massachusetts Military Support Foundation
Provides food and clothing needs
617-843-5777
mmsfi.org

Plymouth Veterans Service
Massachusetts Department of Veteran Services
508-747-1620 ext. 10172
600 Washington Street. Boston, MA 02111
mass.gov/orgs/massachusetts-department-of-veterans-services

MassHire Veterans
617-745-4060
jrobinson@masshiresouthshorecc.com
1515 Hancock Street. Suite 101, Quincy, MA 02169
masshiresouthshorecc.com/veteran-services

New Way Peer Recovery Center
Support Group for Veterans and Active Military Members
Bruno- 617-302-3287
Vania- 617-471-8400 X124
85 Quincy Ave. Quincy, MA 02169
Personal Safety

DOVE - Domestic Violence Ended
Transitional housing and advocacy for women & their children affected by domestic violence
24-hour Crisis Hotline: 617-471-1234
or 1-888-314-3683
P.O. Box 690267. Quincy, MA 02269
dovema.org

South Shore Resource and Advocacy Center
Hotline: 888-746-2664
508-746-2664, bcalderon@hptc.org
PO Box 6237. North Plymouth, MA 02360
ssrac.org

Safelink Domestic Violence
State Hotline
Crisis support, referral information, links to all domestic violence shelters within Massachusetts
Multilingual in 140 languages. Free 24 Hours.
1-877-785-2020
janedoe.org

BAMSI
Provides services to adults and children with developmental disabilities, mental illness, and public health need
Stephanie Kierstead
508-746-3610, stephaniekierstead@bamsi.org
7 Scobee Circle. Plymouth, MA 02360
bamsi.org

Health Imperatives
Provides health and well-being services for low income or vulnerable families and individuals
Collette Puleo, Medical Advocate
508-746-8353, cpuleo@healthimperatives.org
123-1 Camelot Drive. Plymouth, MA 02360
healthimperatives.org

Asian Task Force Against Domestic Violence
Crisis call response, advocacy at courts, hospitals, housing and social service agencies, emergency shelters, informal counseling to families, outreach and educational programs, including ESL and tutoring
Languages: Vietnamese, Cantonese Chinese, Shanghainese, Taiwanese, Khmer, Korean, Japanese, Lao, Nepali, Hindi, Bangla, Tagalog, Urdu, Thai, Manipuri, Mien, Indonesian, Toisanese
24-hour Multilingual Helpline:
617-338-2355
P.O. Box 120108. Boston, MA 02112
Transportation

Massachusetts Bay Transportation Authority
617-222-3200
mbta.com

MassMobility
Transportation service for older adults, people with disabilities, veterans, low-income commuters, and others who lack transportation access in Massachusetts

EOHHS Human Service Transportation Office
100 Hancock Street. 8th floor, Quincy, MA 02171
hstmobility@state.ma.us
mass.gov/orgs/massmobility
MBTA Commuter Rail
617-222-3200
385 Court Street. Plymouth, MA 02360
mbta.com

Dial a Ride-GATRA
Offers local bus service to the Plymouth community for people with disabilities and seniors in the area
508-823-8828 or 978-393-4404
gatra.org

Plymouth & Brockton Buses
A transportation company that offers dependable transportation
508-746-0378
8 Industrial Park Road. Plymouth, MA 02360
p-b.com
Quincy
Resource Members and Board of Governors

COMMUNITY RESOURCE MEMBERS

Meghan Cassidy
Associate Vice President of Student Success & Partnership

Cathie Maloney
Dean of Plymouth Campus, Quincy College

Bilun Ozbilen
International Admissions Associate

Josie Smith
Military and Veteran Services Associate

Eli Stewart
ECHS College Transition Coach

Melissa Lord
Student Program and Wellness Coach

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Frank C. Santoro
“We may encounter many defeats but we must not be defeated.”

Maya Angelou