Quincy College -- Student Success Office

Community Resources for Students, 2021-22

This guide serves as a resource to students, and the choice in providers and assistance is solely the responsibility of the student. Quincy College does not recommend or endorse any of the organizations below, but will provide updated information on a periodic basis in order to address student needs as presented. Topics are listed alphabetically and include both local and national opportunities for support.

Abuse and Assault

Hotlines

• A New Day: Sexual and relationship abuse Hotline: 508-588-8255 Boston Area Rape Crisis Center 24-hour (rape) Hotline: 800-841-8371 DOVE (DOmestic Violence Ended) Crisis Hotline: 617-471-1234 TTY: 877-521-2601 Parents Helping Parents (Parental Stress, multiple languages, 24/7 Hotline: 800-632-8188 RAINN National Sexual Assault: chat, phone, mobile app--24/7 (rape) Hotline: 800-656-4673 Safelink (domestic violence, multiple languages, 24/7) Hotline: 877-785-2020 • South Shore Women's Resource Center, Plymouth (domestic violence) Hotline: 888-746-2664 Victim Assistance Program Plymouth County Hotline: 508-583-3306

Local & National Organizations

A New Day, Brockton, Quincy & Plymouth, 508-588-2045
 Boston Area Rape Crisis Center
 BOWE Ovince 617-770 4065

DOVE, Quincy, 617-770-4065 <u>www.dovema.org</u>
 Mass Department of Children and Families, 800-423-2338 <u>www.mass.gov/dcf</u>

Project SAFE (Violence Intervention Education), Quincy, 617-471-8400 <u>www.baystatecs.org</u>

• RAINN: Rape, Abuse & Incest National Network <u>www.rainn.org</u>

South Shore Resource and Advocacy Center, 508-746-2664 <u>www.ssrac.org</u>

Addiction and Recovery

Hotline

SAMHSA (Substance Abuse, Mental Health)

Support Groups

Al-Anon Family Groups, MA 508-366-0556
 AA Central Service Committee, 617-426-9444
 www.al-anon.org
 www.aaboston.org

• Debtors Anonymous, 800-421-2383/781-453-2743 <u>www.debtorsanonymous.org</u>

Helpline: 800-662-4357

Food Addicts in Recovery, 781-932-6300 <u>www.foodaddicts.org</u>

Gamblers Anonymous, 888-222-5542
 <u>www.gamblersanonymous.org</u>

Narcotics Anonymous New England Region, 866-624-3578 www.nerna.org
Overeaters Anonymous, MA 781-641-2303 www.oambi.org

Recovery Programs

Highpoint Treatment Center, Plymouth 508-224-7705 www.hptc.org

• Northeast Addiction Treatment Center, Quincy 888-343-0762 <u>www.neaddictions.com</u>

• Turning Point Recovery Center, BSCS, 508-668-3960 www.turningpointrecoverycenter.org

Volunteers of America, Recovery Treatment 617-522-8086 www.voamass.org

Bereavement

• Camp Erin Bereavement Camp, ages 6-17 <u>www.camperinboston.org</u>

Compassionate Friends, Hingham, 781-749-5625
 www.compassionatefriends.org/chapter/south-shore-chapter

• Samaritans, Support for loss survivors – call or text 877-870-4673 (HOPE) samaritanshope.org/our-services/grief-support-services/

• The Sun Will Rise, Loss from substance abuse, 781-789-4604 www.thesunwillrise.org

Financial Assistance Programs

Department of Transitional Assistance (DTA) 508-732-3100 www.mass.gov/dta
 Veteran's Services for Massachusetts
 www.mass.gov/veterans

Food and Family Programs

Hotline

• The Foodsource, http://www.projectbread.org Hotline: 800-645-8333

Quincy-area Food, Housing & Family Assistance

• Blue Hills Healthy Families: programs and resources for young parents, 781-335-1455, www.healthimperatives.org/healthy-families

• Father Bill's & MainSpring: homelessness prevention & shelter 508-427-6448 www.helpfbms.org

• Greater Boston Food Bank 617-427-5200 (search by zip code) www.gbfb.org

Interfaith Social Services: food, clothing, counseling & homelessness prevention 617-773-6203

www.interfaithsocialservices.org

www.fns.usda.gov/wic

Massachusetts WIC

Quincy Community Action Programs: education, training, ESOL, childcare, housing and utility assistance, SNAP, and more 617-479-8181
 www.qcap.org

 Salvation Army, Christmas & food assistance 617-472-2345 www.massachusetts.salvationarmy.org/MA/Quincy

South Shore YMCA Germantown Food Pantry
 www.ssymca.org/germantown

Job Search Resources

Mass Hire South Shore Career Center
 www.masshiresouthshorecc.com

Mental Health Services

Crisis Line

Aspire Health Alliance Emergency Services (formerly SSMH)
 Crisis line: 877-382-1609

Counseling Centers & Mental Health Providers

Aspire Health Alliance

500 Victory Road, Quincy, 617-847-1950 <u>www.aspirehealthalliance.org</u>

Accepts many insurances plans including MassHealth and Commonwealth Care plans

Bay State Community Services

13 Temple Street, Quincy, MA 02169, 617-471-8400;

www.Baystatecs.org

Accepts many insurances plans including MassHealth and Commonwealth Care plans

Manet Community Health Center, 617-376-3000

www.manetchc.org

Full service health care, including behavioral health services

Accepts many insurances plans including MassHealth and Commonwealth Care plans

Maria Droste Services

1354 Hancock Street, Quincy, 617-471-5686;

mariadrostecounseling.com

Sliding fee available

New Directions Counseling Center

Interfaith Social Services, Quincy, MA 617-773-6203 x12;

interfaithsocialservices.org

Accepts most insurance plans including MassHealth, Commonwealth Care, and sliding fee

Volunteers of America Family Counseling Center

1419 Hancock Street, Quincy 617-770-9690

www.voamass.org

Accepts most insurance plans including MassHealth and most Commonwealth Care programs

Wellspring Counseling Services

814 Nantasket Ave., Hull, MA 02045, 781-925-3211

www.wellspringhull.org

Provides free counseling services; specializes in domestic violence; free legal counsel available

Culturally Responsive Behavioral Health Resources

Network of Care - Massachusetts

Find resources and behavioral health providers who tailor their services to support the emotional and mental wellness of specific racial, ethnic, or cultural identity groups. www.networkofcare.org

Parenting Resources

- Dianne DeVanna Center, Braintree, parenting supports **781-843-7010** www.devannacenter.org
- Parents without Partners, supporting single parents and their children www.parentswithoutpartners.org
- Sitters Without Borders, 617-834-8517 www.sitterswithoutborders.com Providing free babysitting to low-income parents so they can further their education

Suicide Prevention

Hotline

National Suicide Prevention Lifeline www.suicidepreventionlifeline.org Hotline: 1-800-273-8255

Samaritans Statewide

Helpline 877-870-HOPE

Samariteens

Helpline 800-252-TEEN